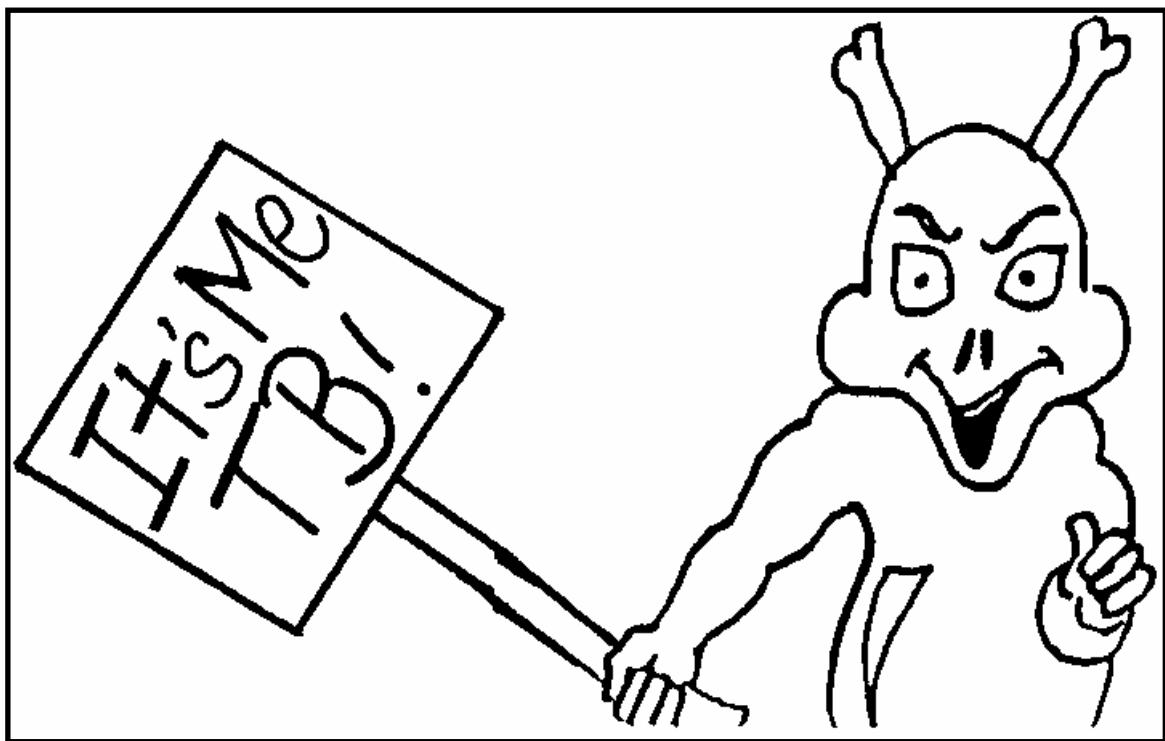
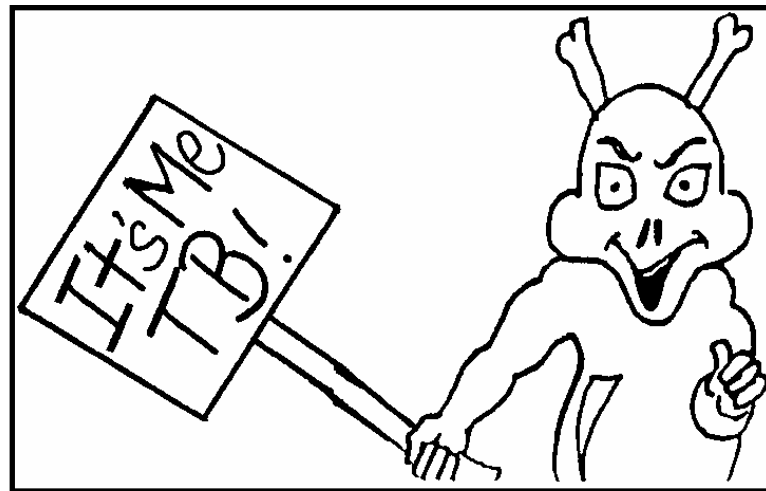


What is Tuberculosis or TB?



What is Tuberculosis or TB?



What is Tuberculosis or TB?

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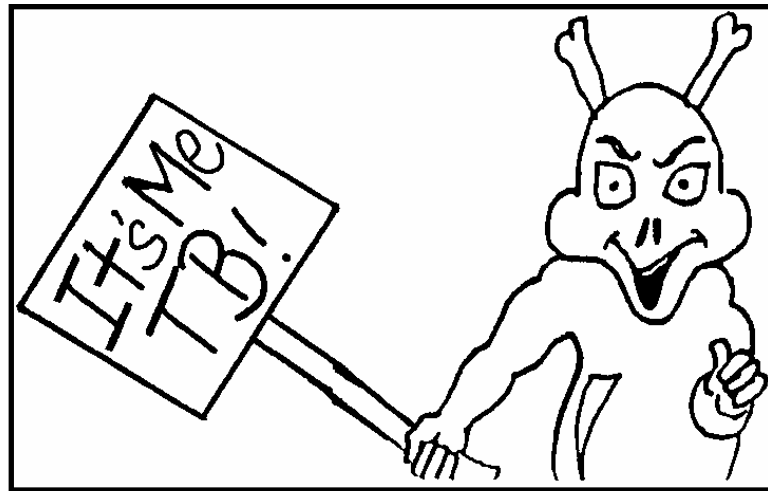
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What is Tuberculosis or TB?

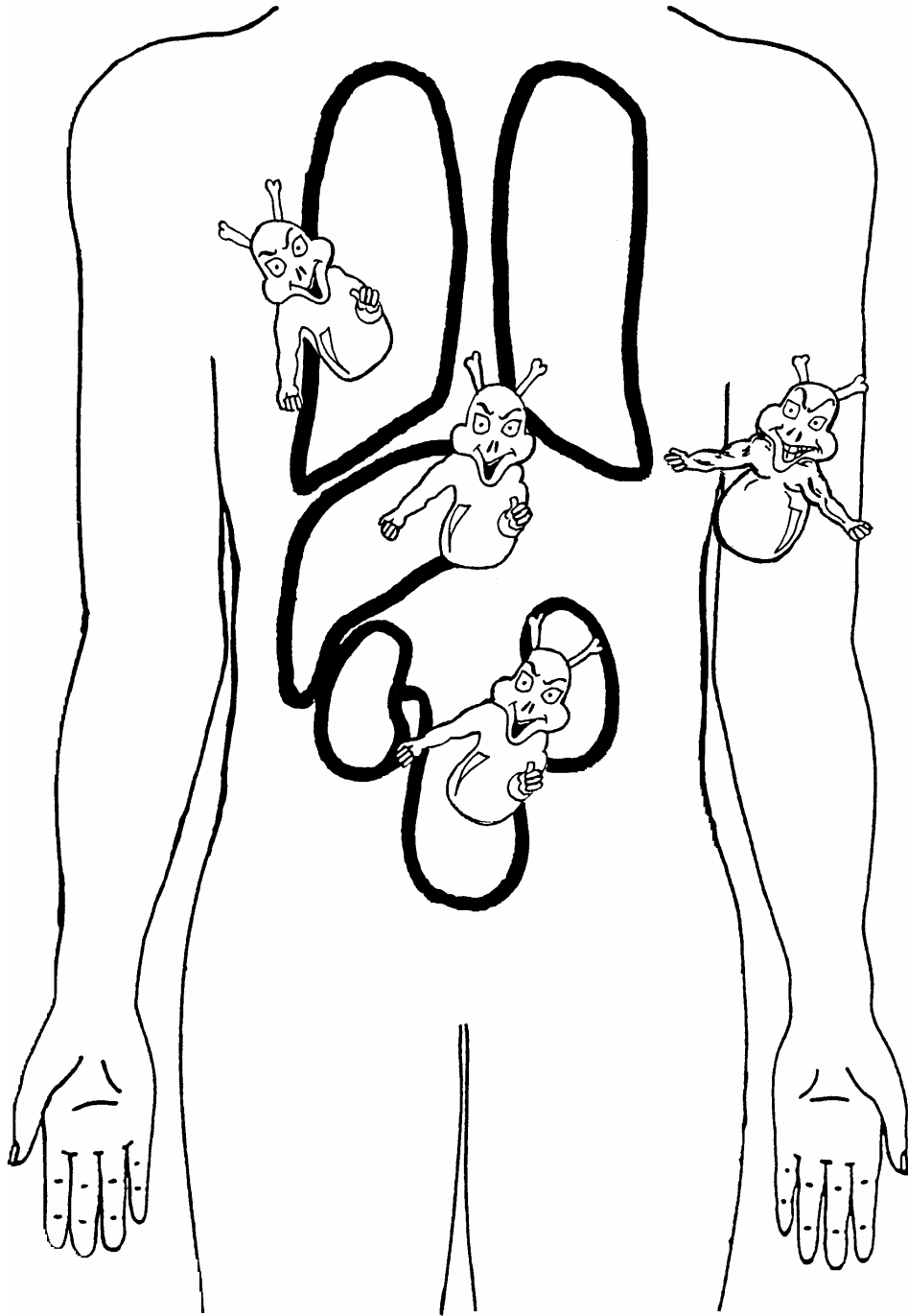


What is Tuberculosis or TB?

Tuberculosis is a serious disease that is transmitted through the air from person to person. It can last a long time and a person can get it easily without realizing it.

The disease is caused by germs that damage the body a lot. It mostly affects the lungs, but can also affect the kidneys, the brain, the liver, and even the bones!

But don't worry – it's curable!

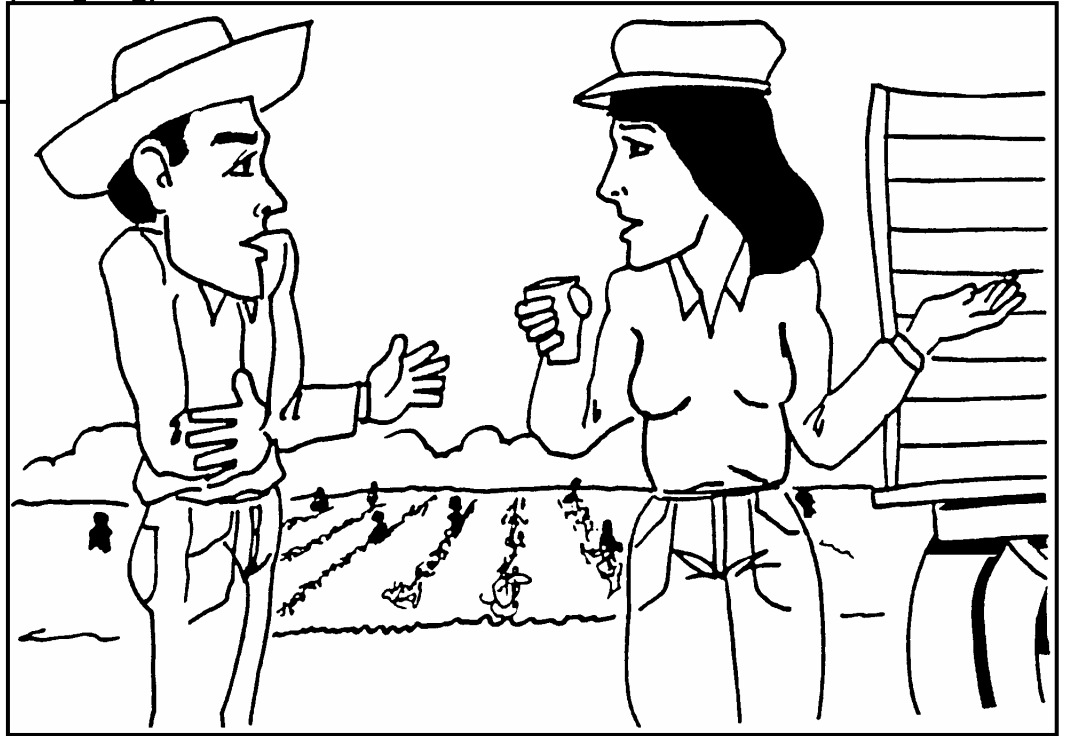
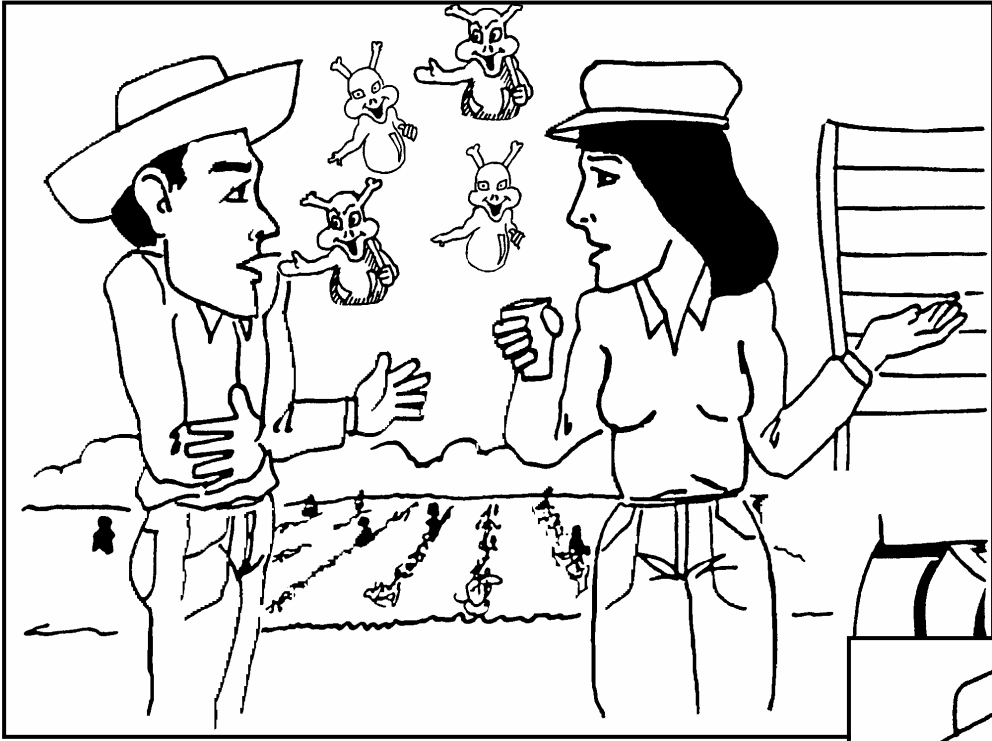


**But don't worry –
it's curable!**



TB is caused by tiny germs that are spread through the air from a person who is sick with tuberculosis.

The TB germs are invisible. We can't see them! A person can have tuberculosis and spread the germs without knowing it.



A person with tuberculosis carries the germs inside his or her lungs.

When they open their mouth, the germs escape through their saliva and breath.

Talking

Laughing

Singing

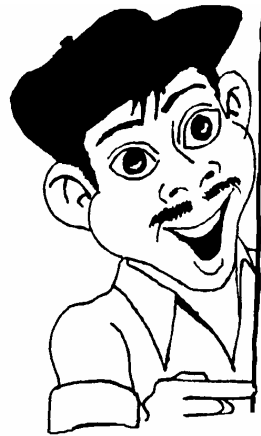
Coughing

Sneezing

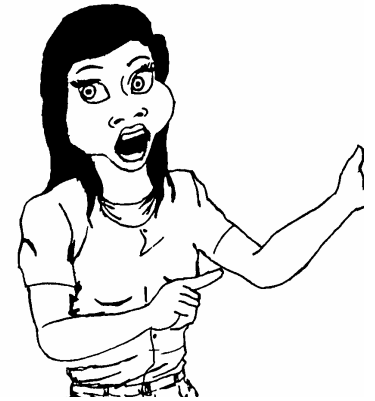
Can you think of any other examples?



Talking



Laughing



Singing



Coughing



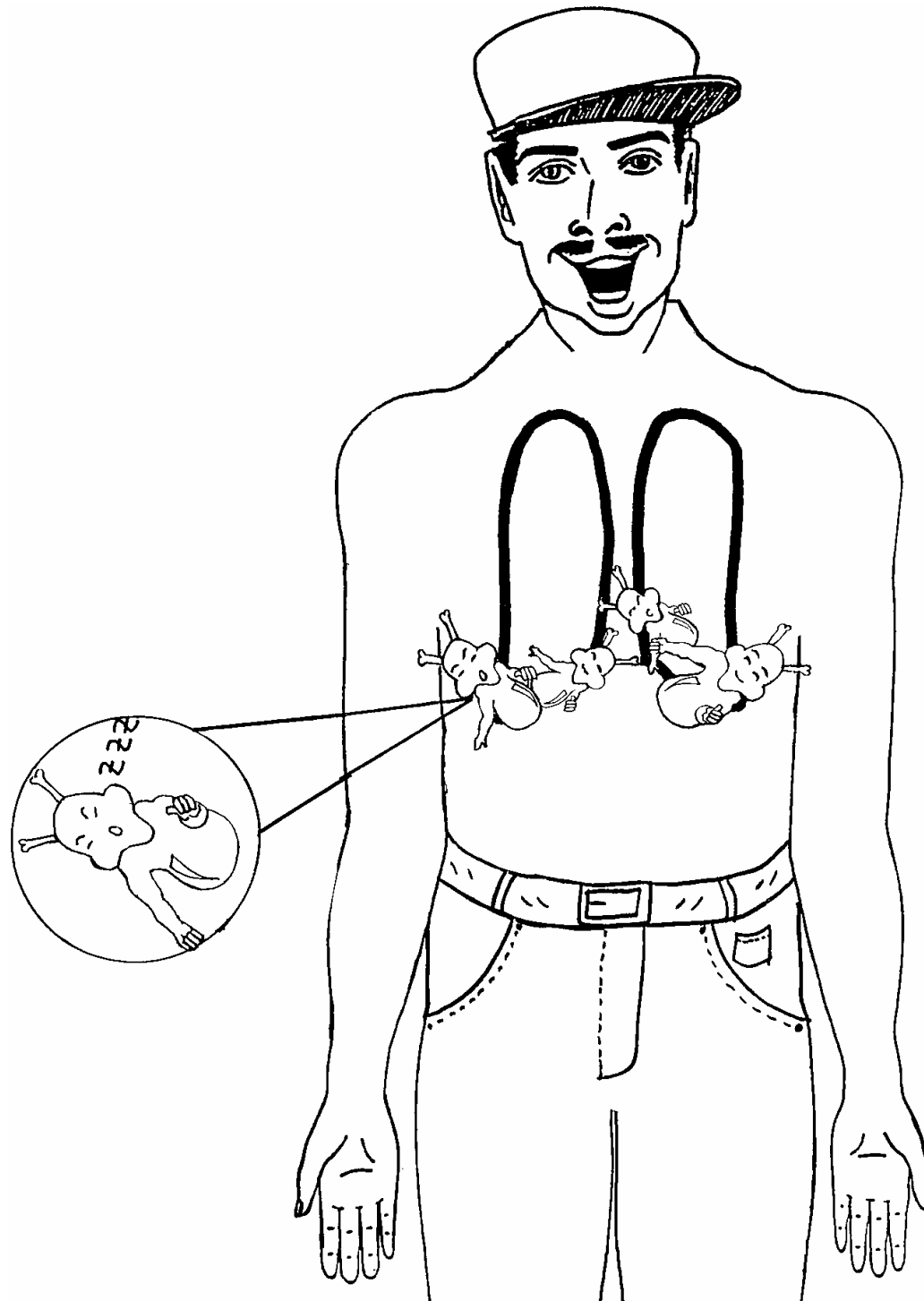
Sneezing



Can you think of any other examples?

A person can have the germs without feeling sick or without showing symptoms for a long time, even years. This is because the germs are not active even though they are in the body.

These people **CANNOT** transmit the germs to other people.



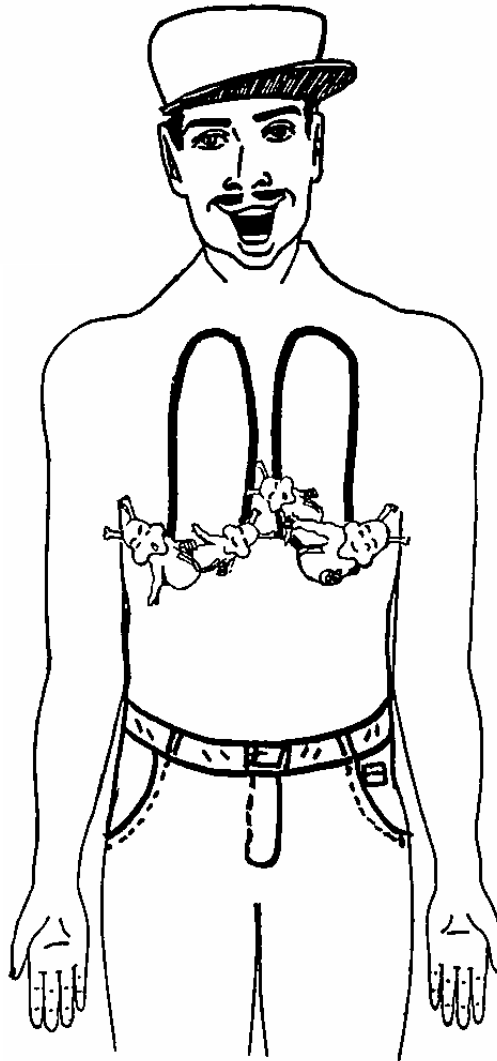
That's why, medicine is given for 6 to 12 months to prevent the disease.

Careful!

An infected person can develop the disease in the future if the body's defenses get weak.

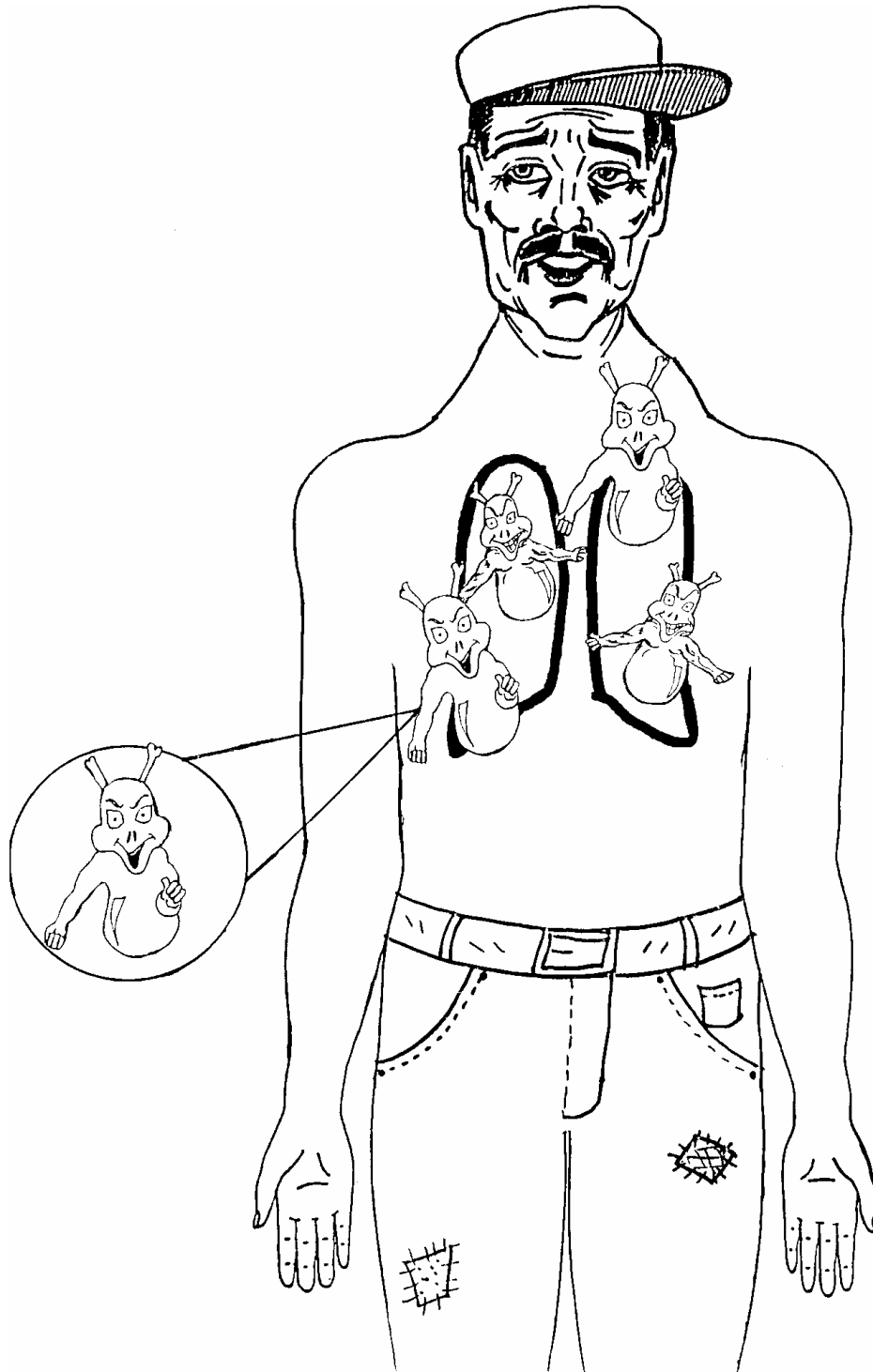


An infected person can develop the disease in the future if the body's defenses get weak.



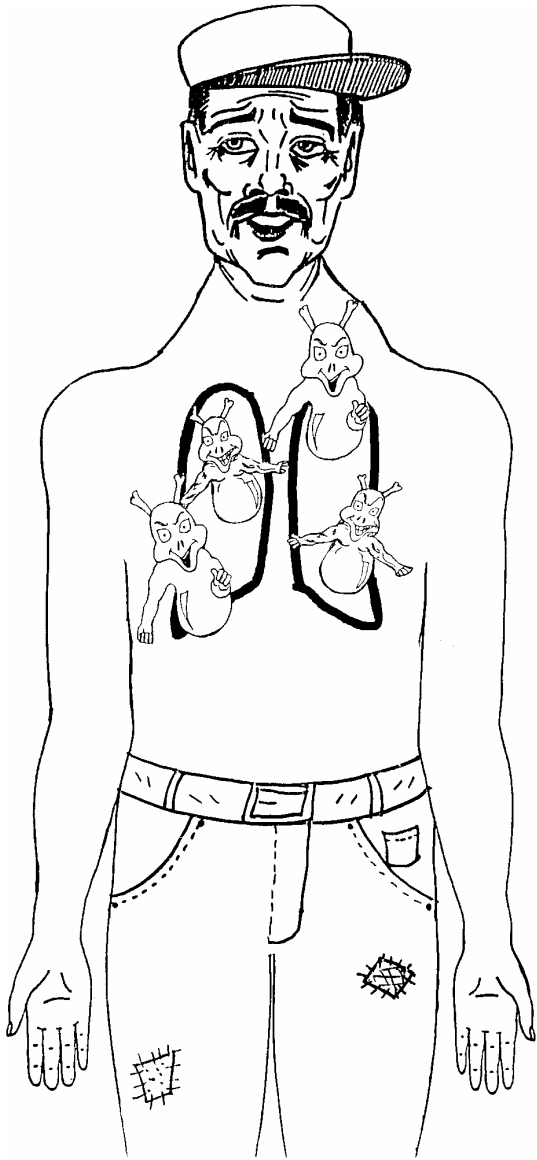
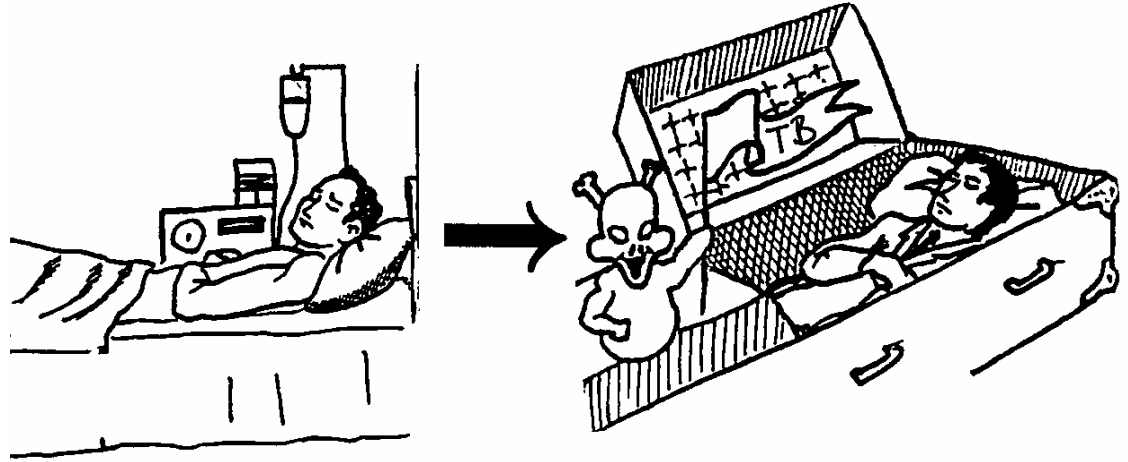
In people who have tuberculosis, the germs are ACTIVE in the lungs or in other parts of the body.

These people have symptoms of TB and CAN infect other people.



Tuberculosis can cause permanent damage to the body. It is possible to die from tuberculosis.

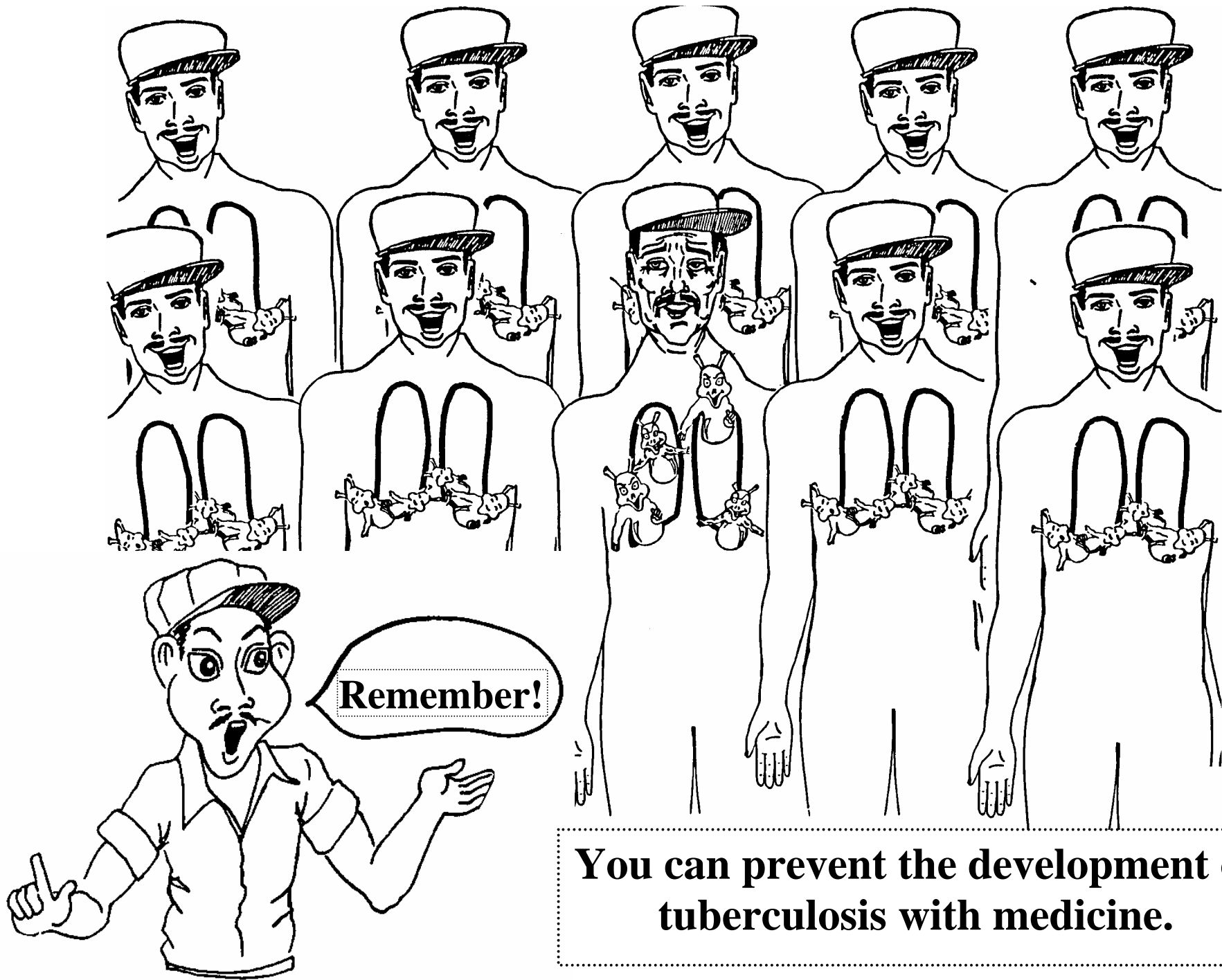
A person with tuberculosis should take medicine to cure it. **THIS IS VERY IMPORTANT!** There can be up to 3 different kinds of medicine.



Only one out of every 10 people who have the TB germs actually develop the disease.

Remember!

You can prevent the development of tuberculosis with medicine.



Remember!

You can prevent the development of tuberculosis with medicine.

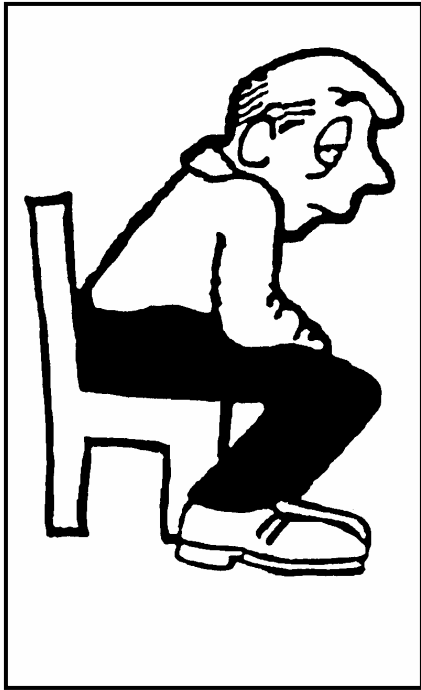
Some general symptoms of tuberculosis include:

weakness

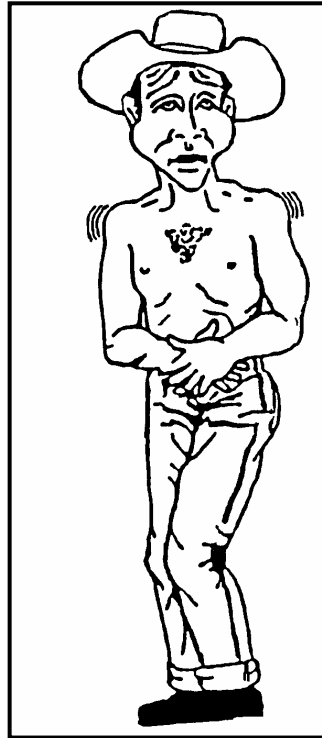
not feeling well

weight loss

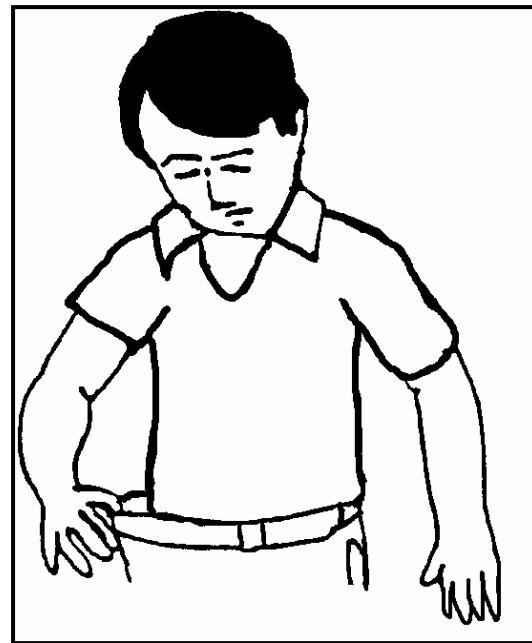
fever



weakness



**not feeling
well**



**weight
loss**



fever

night sweats

heavy coughing

coughing blood



night sweats



heavy coughing



coughing blood

These symptoms can last several weeks. They usually get worse without treatment.

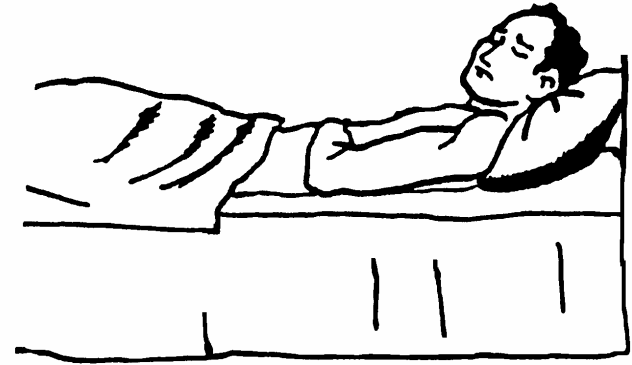
chest pain when coughing

tiredness

Do you know anyone with any of these symptoms?



**chest pain when
coughing**



tiredness

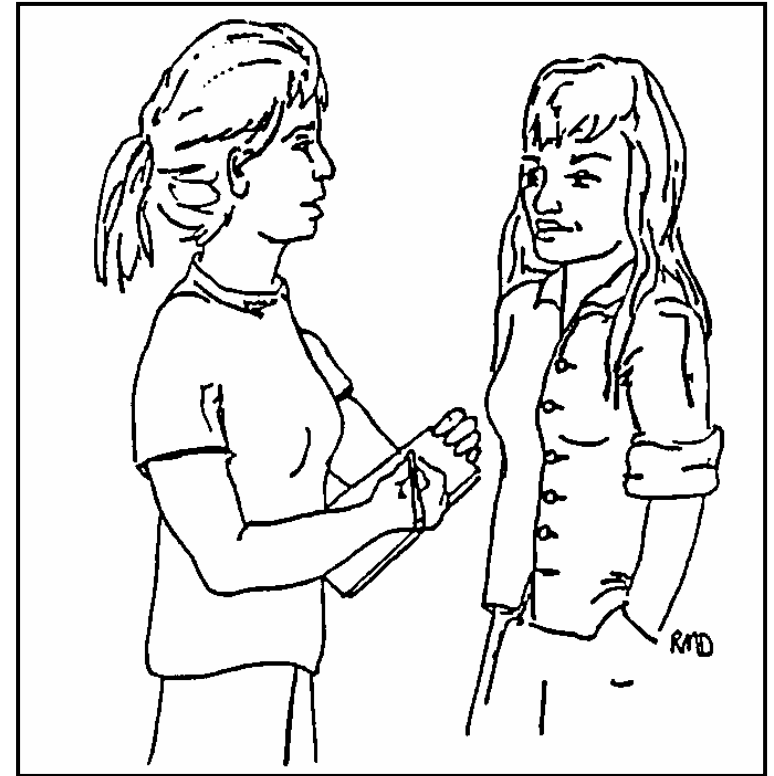
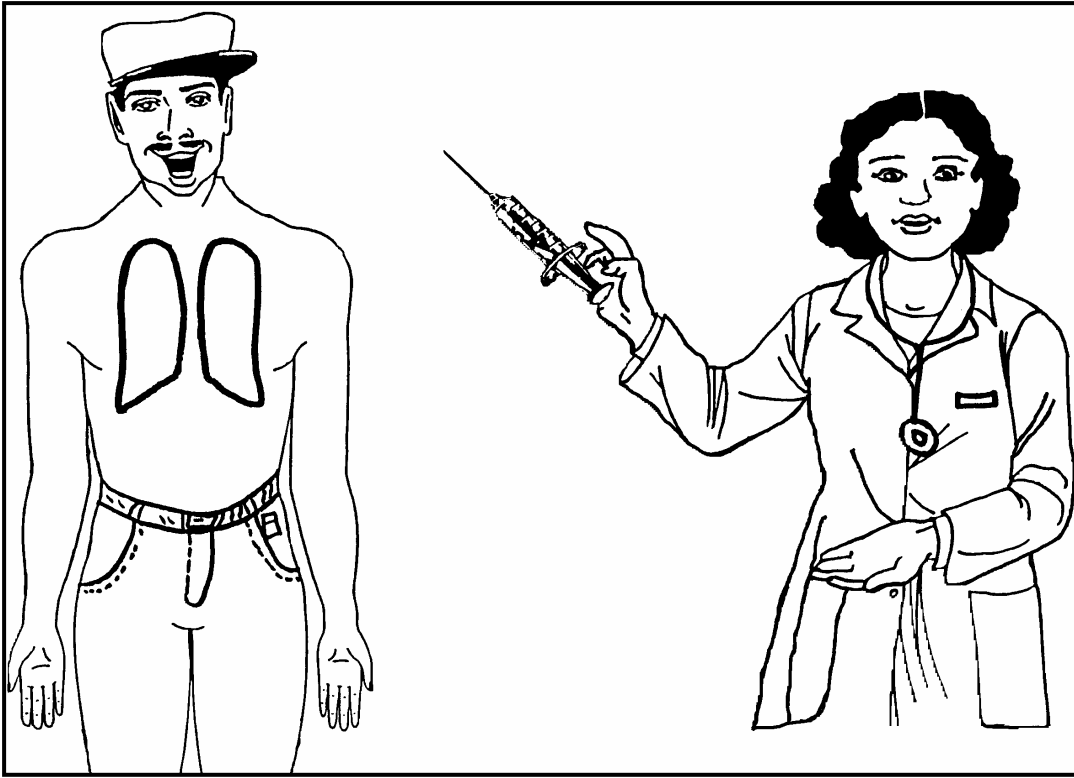


**Do you know anyone with any
of these symptoms?**

To find out if someone has tuberculosis he/she should first get tested for it.

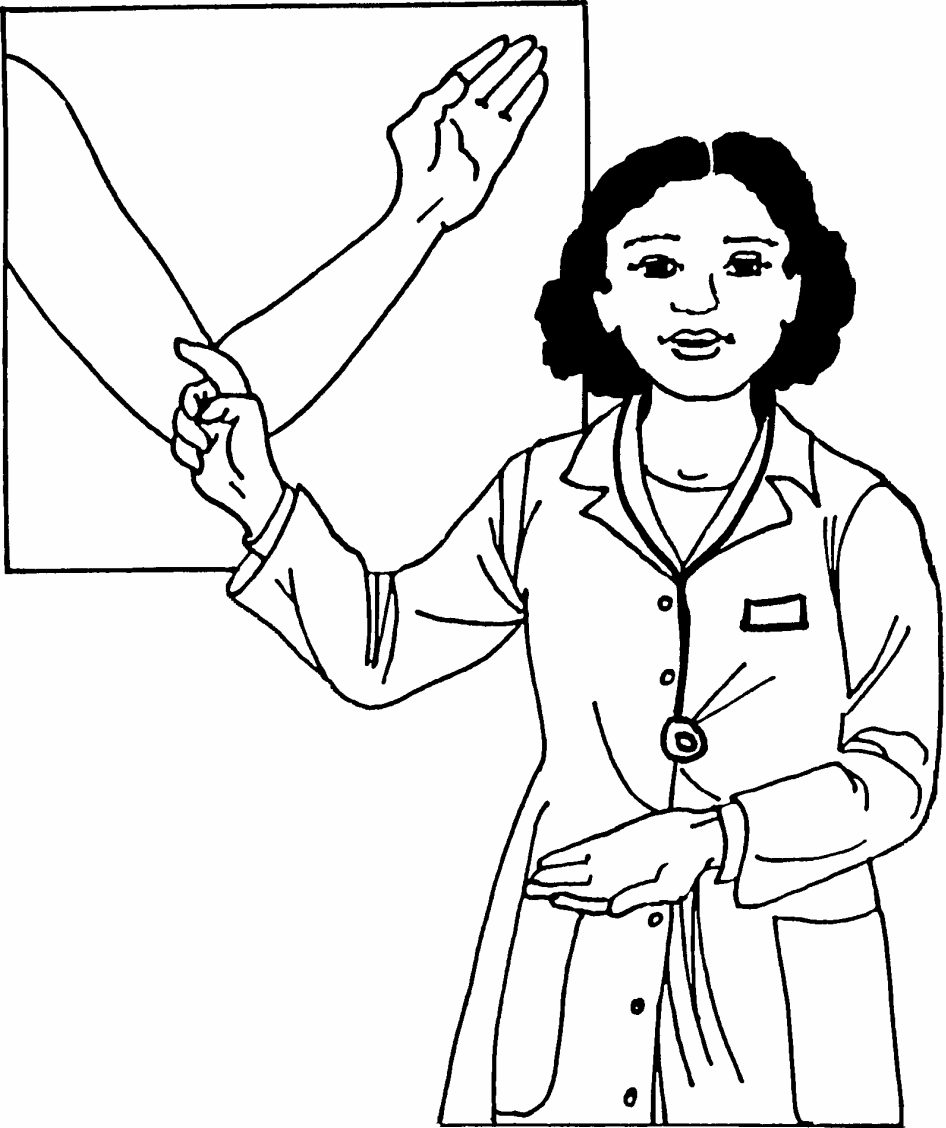
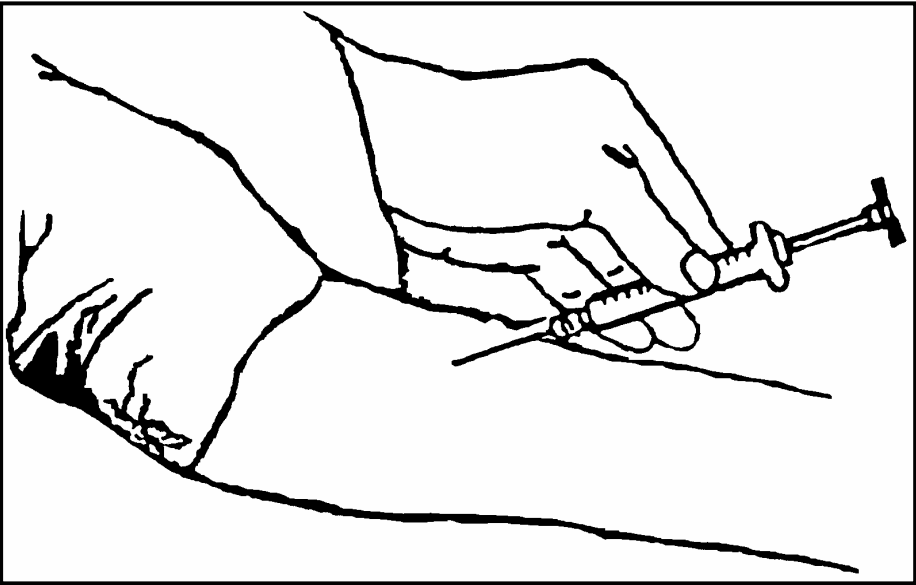
The Camp Health Aides or people in the clinic know where to go to get tested. They can answer your questions too.

Do you know where you can get a tuberculosis test?



Do you know where you can get a tuberculosis test?

A liquid is injected into the arm with a small needle. Two or three days later the arm is checked to see if there was a reaction. A nurse must check the size of the reaction.



This usually means that the person is NOT infected and DOES NOT have the TB germs.

It normally takes 2-10 weeks after being exposed to an infected person for a positive test to show up.

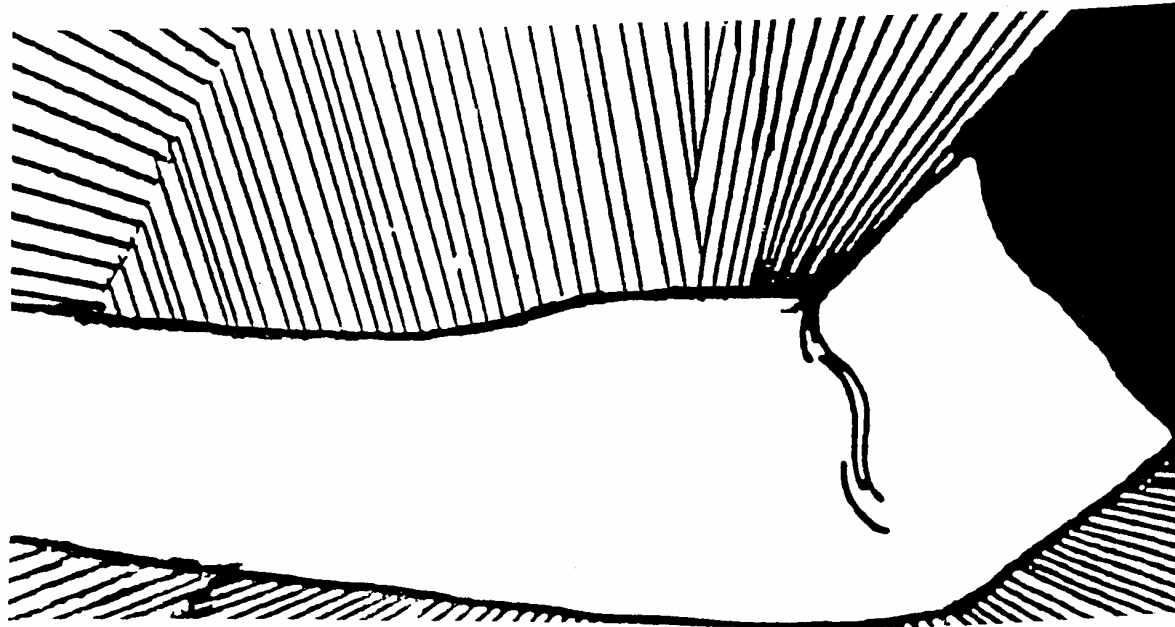
If there is NOT a bump...

...the test is negative.

WATCH OUT!

The test can be false negative if the person was infected recently or if he or she has other diseases.

If there is NOT a bump...



...the test is negative.

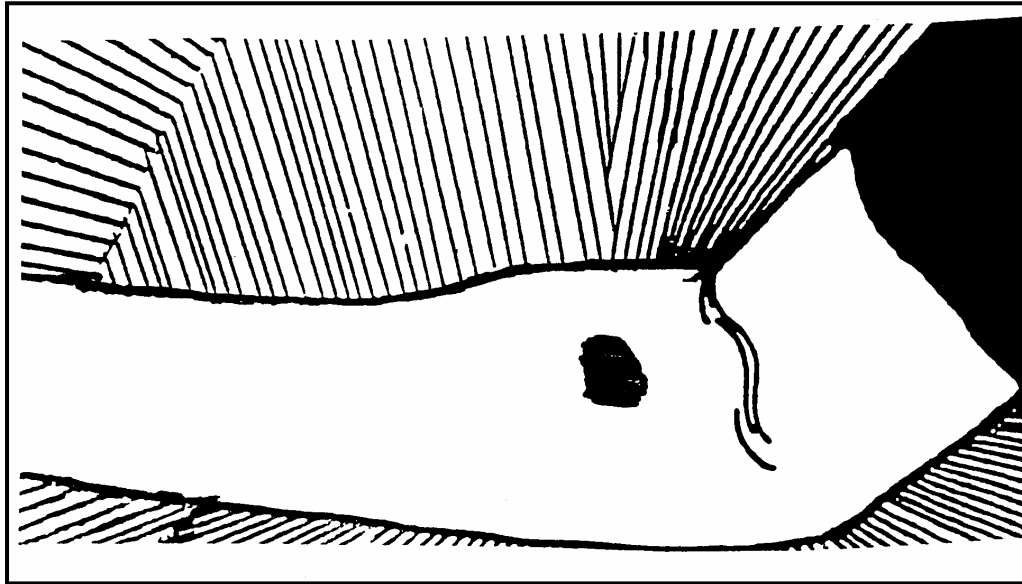


The test can be false negative if the person was infected recently or if he or she has other diseases.

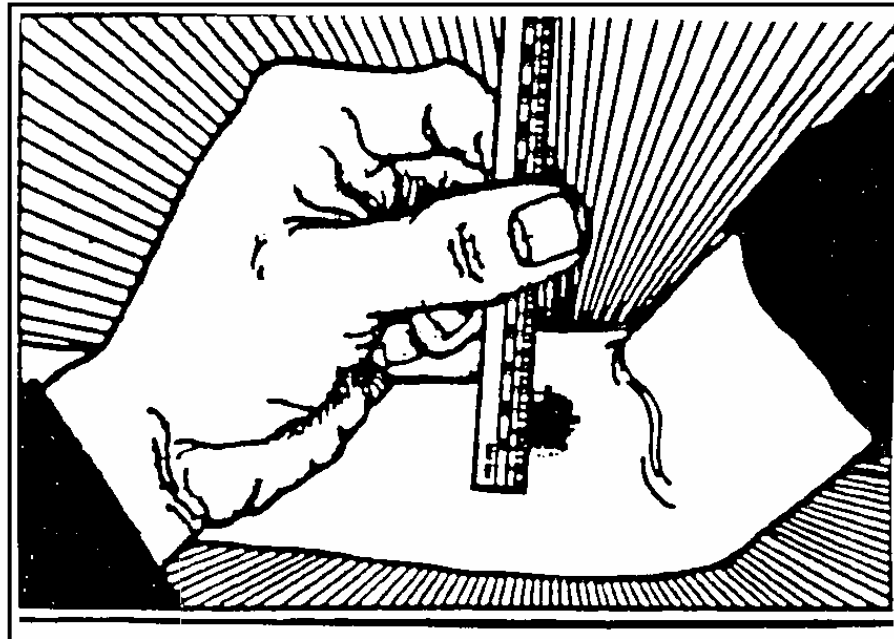
If there is a welt...

...it should be measured with a ruler to see if the test is positive.

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...it should be measured with a ruler to see if the test is positive.

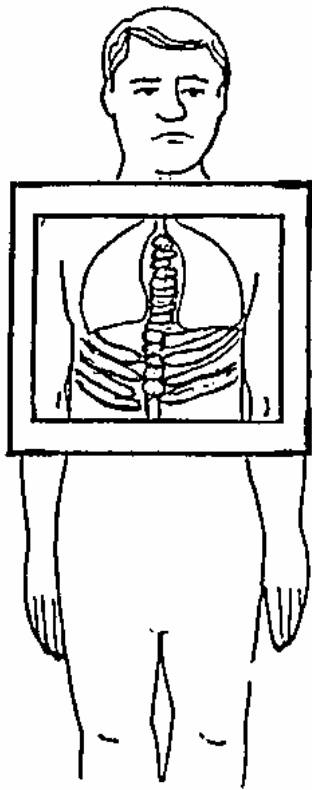


If it is positive, that means that the person is infected with tuberculosis and that he/she does have the germs.

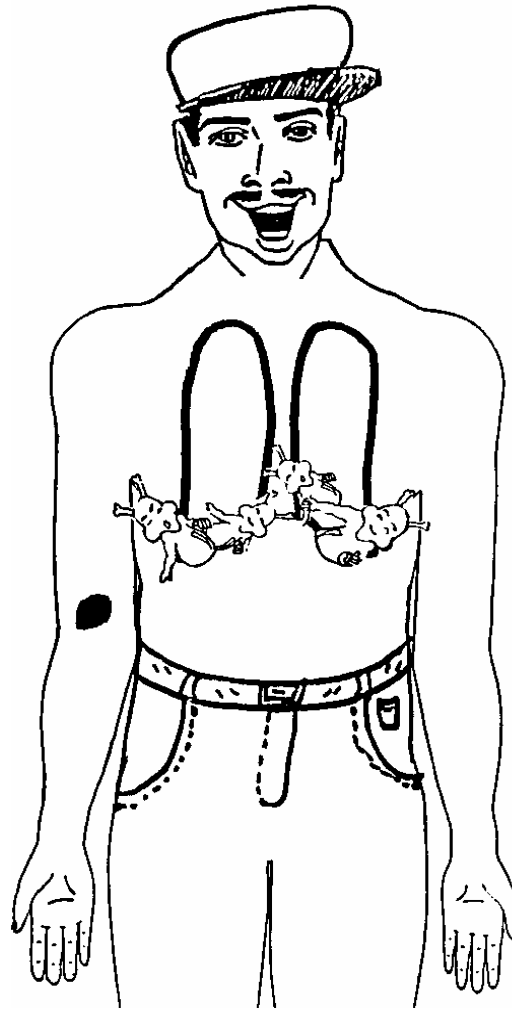
This test **DOES NOT** mean that the person has tuberculosis. To find out if he or she has the disease, there are other tests such as:

x-ray

samples of spit



x-ray



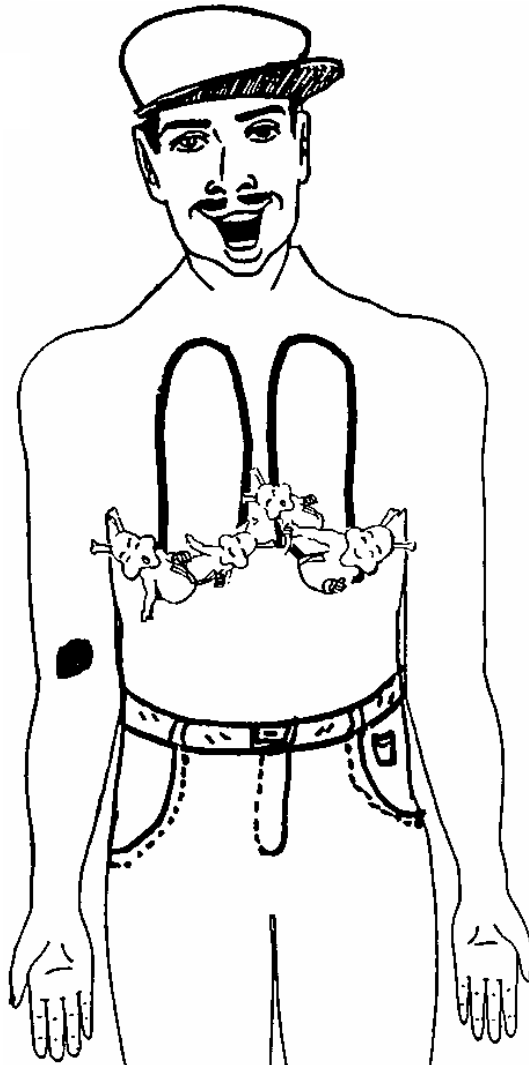
samples of spit

Even if you don't have the disease, you need to take medicine to kill the germs and prevent the disease. **MEDICINE IS VERY IMPORTANT!**

Remember! A person can be infected without showing signs of sickness.



Remember! A person can be infected without showing signs of sickness.

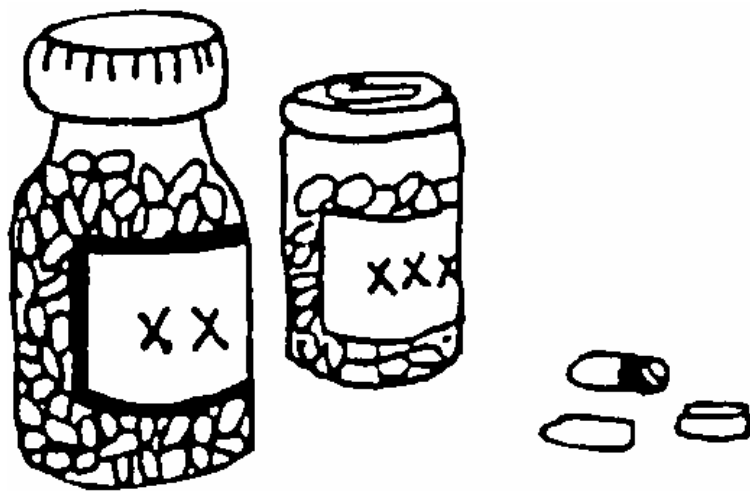


A person who had all the necessary tests and knows that he or she has the disease should:

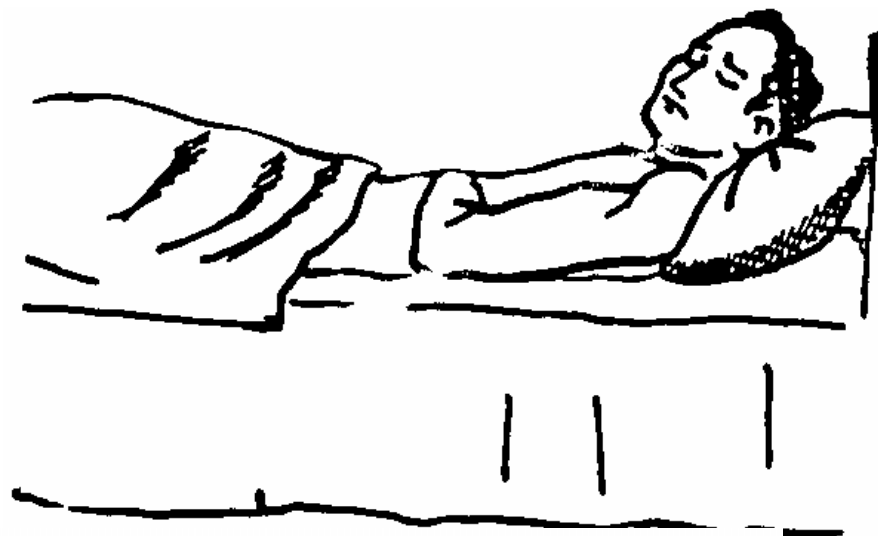
take their medicine

get plenty of rest

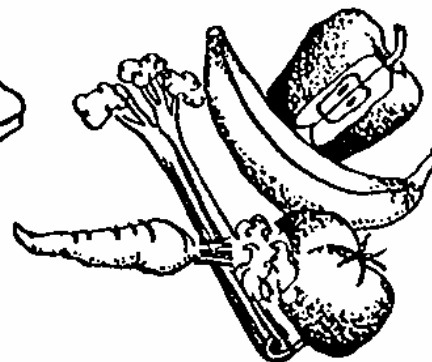
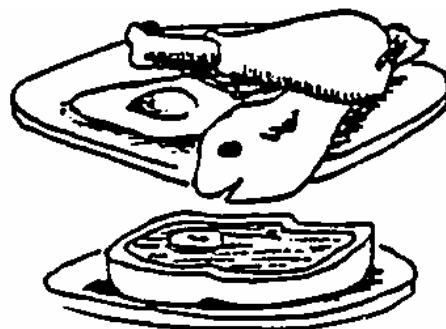
eat healthy foods



take their medicine



get plenty of rest

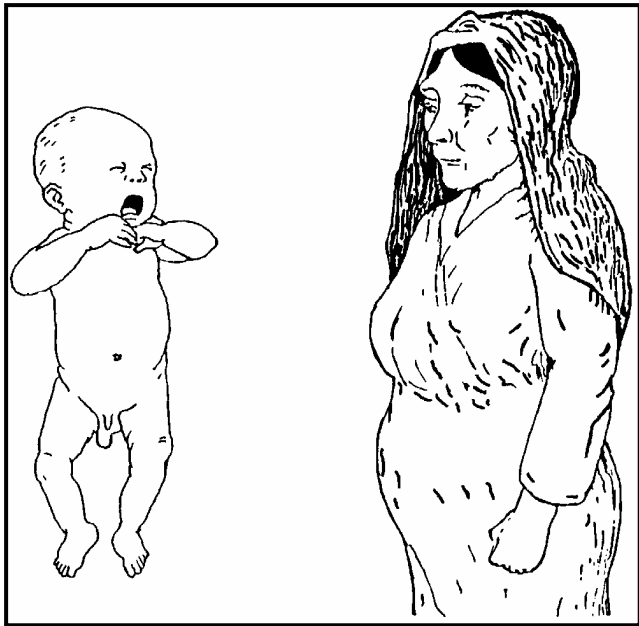


eat healthy foods

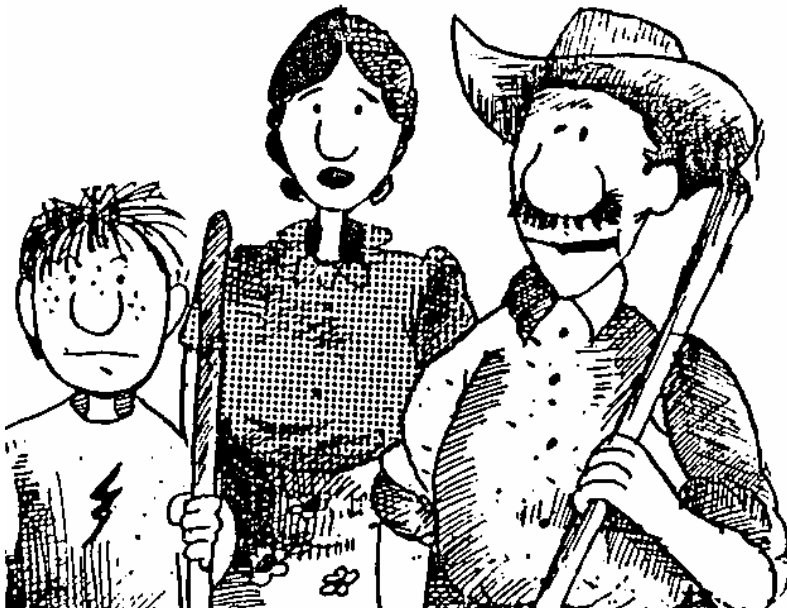
The test can be given to babies and the elderly.

make sure your whole family gets tested.

Remember! It's curable.



**Remember!
It's curable.**

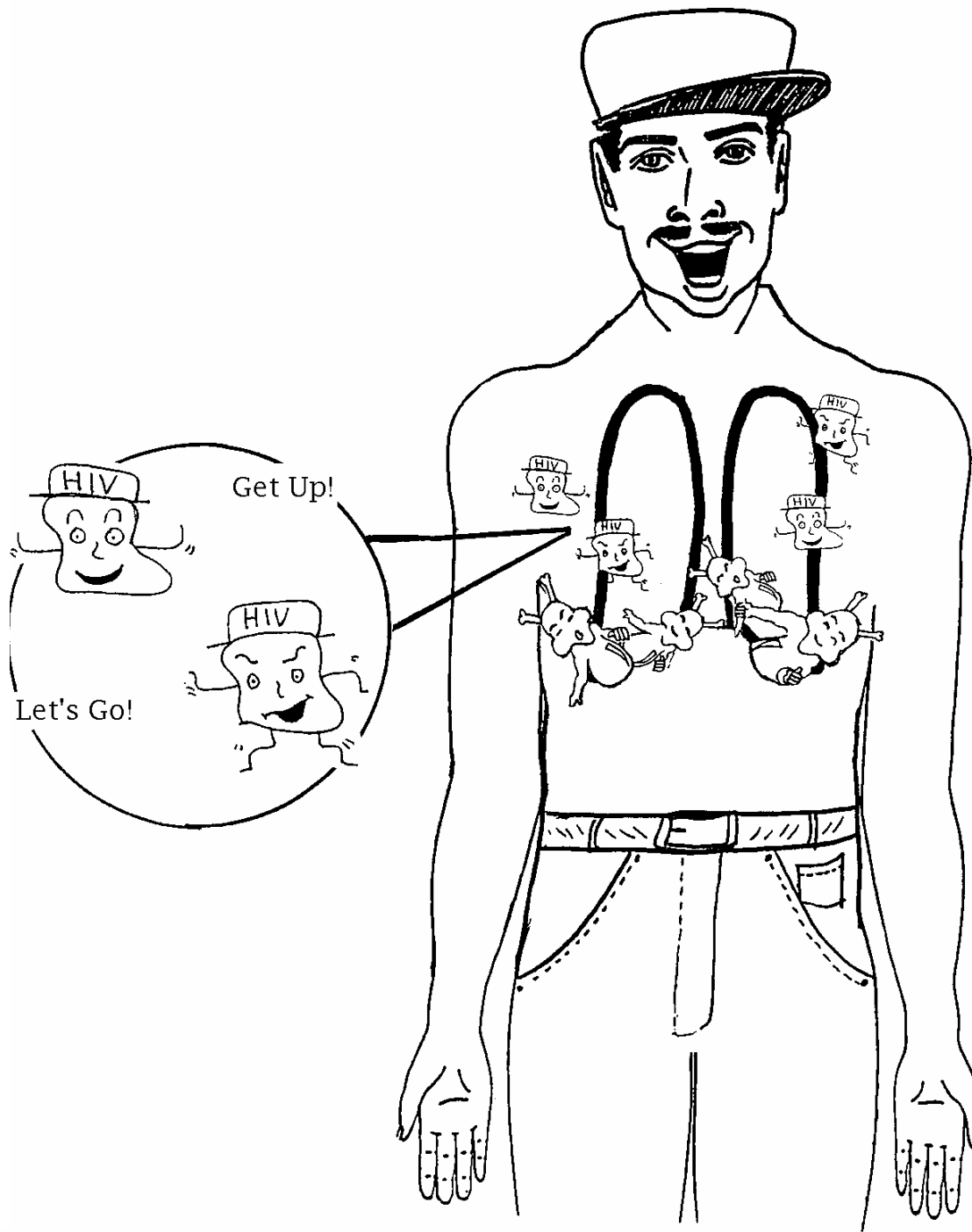


make sure your whole family gets tested.

If a person has the HIV virus and the TB germs, he/she has a greater chance of developing tuberculosis.

The HIV virus weakens the body, giving the germs more opportunities to become active and attack the lungs and other parts of the body.

Get tested!



Get tested!



Remember! Tuberculosis affects us all – women, men, girls and boys. But, it can be easily prevented and cured.

Tell all your family and friends so that they get tested!



Remember! Tuberculosis affects us all – women, men, girls and boys. But, it can be easily prevented and cured.

