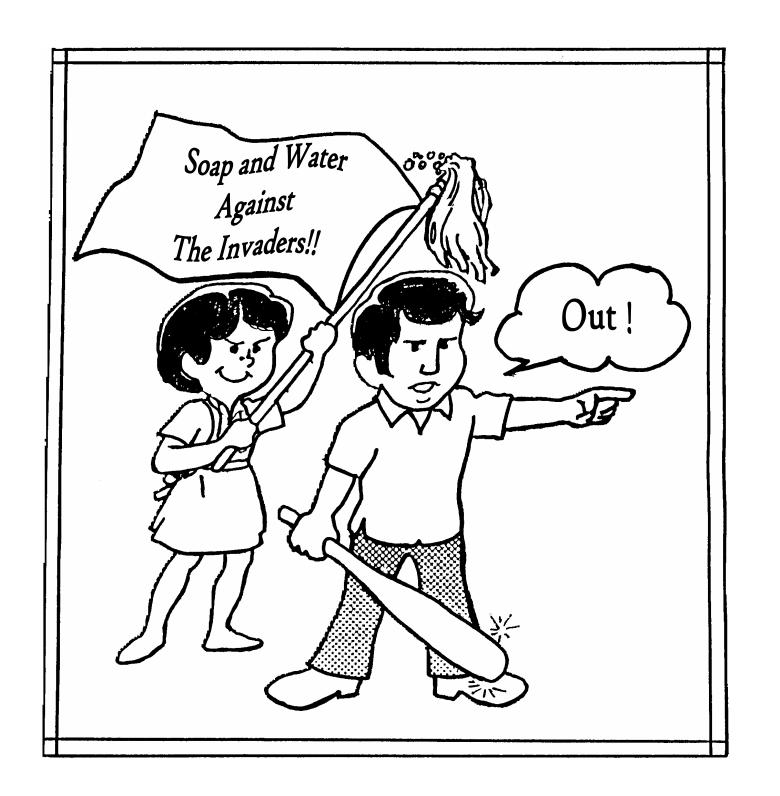
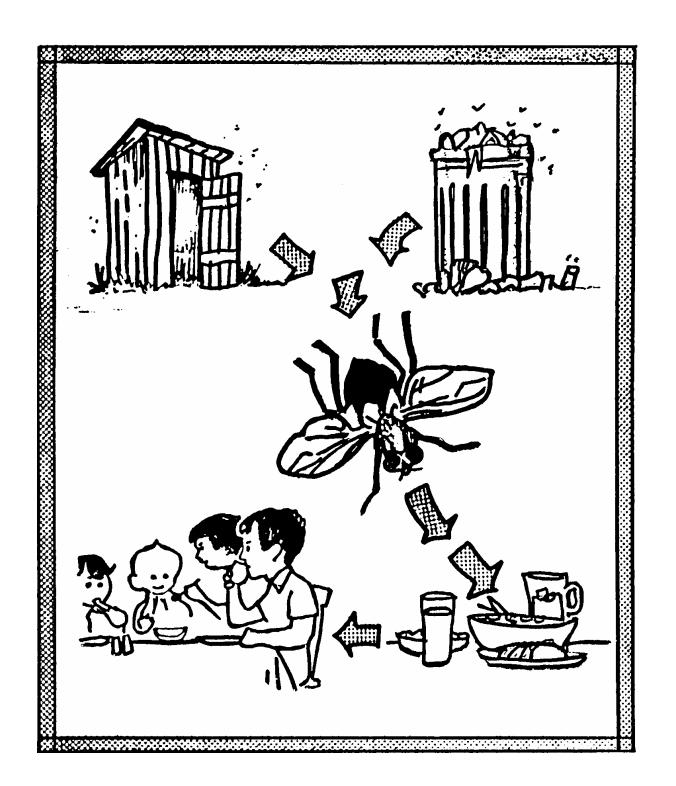
## PROTECT YOUR FAMILY AGAINST

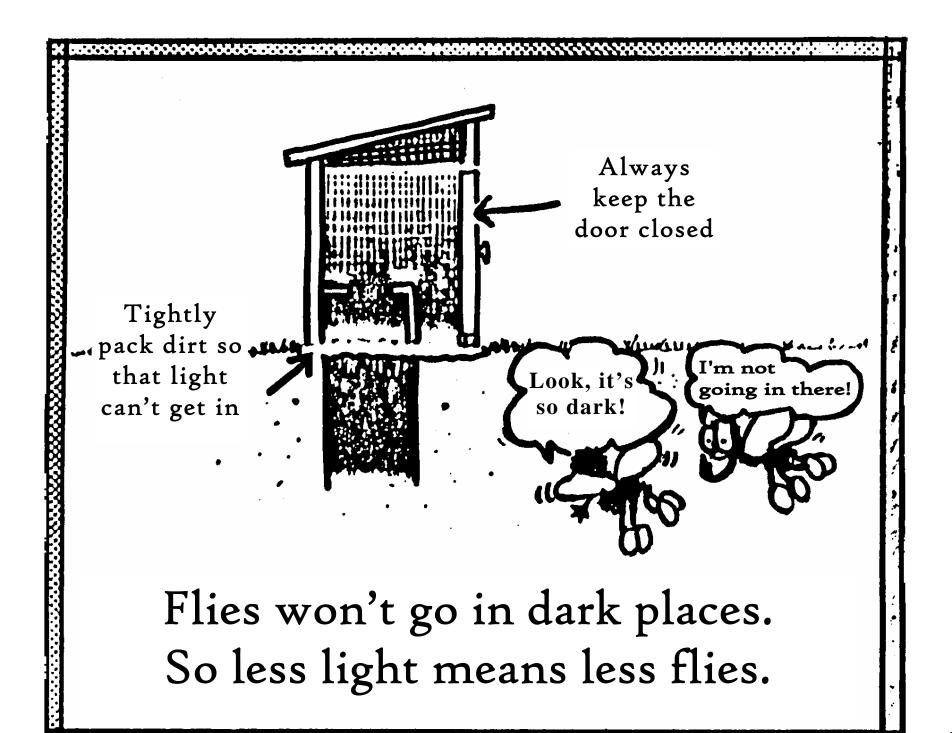


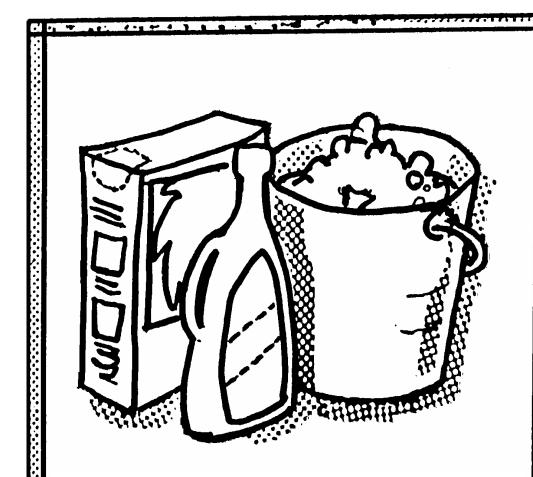
## PROTECT YOUR FAMILY AGAINST The Flies

The fly: its environment and mode of existence is dirtiness. It is the largest carrier of disease in many parts of the world. For example: a person with diarrhea uses the toilet, the fly picks up the germs and leaves them on food. Another person eats that food. They become sick with diarrhea. The following advice should help you protect your family.









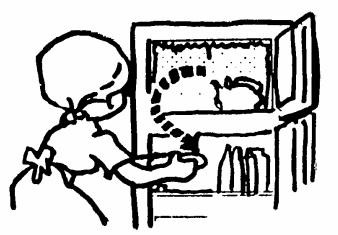
Wash the toilets, washroom, and bathrooms daily with a high quality soap or detergent.

Never store perishable food at temperatures above 45<sup>o</sup>

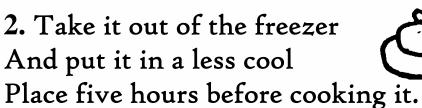


Food thawed at room temperature spoils and can make your family sick, it can also attract flies

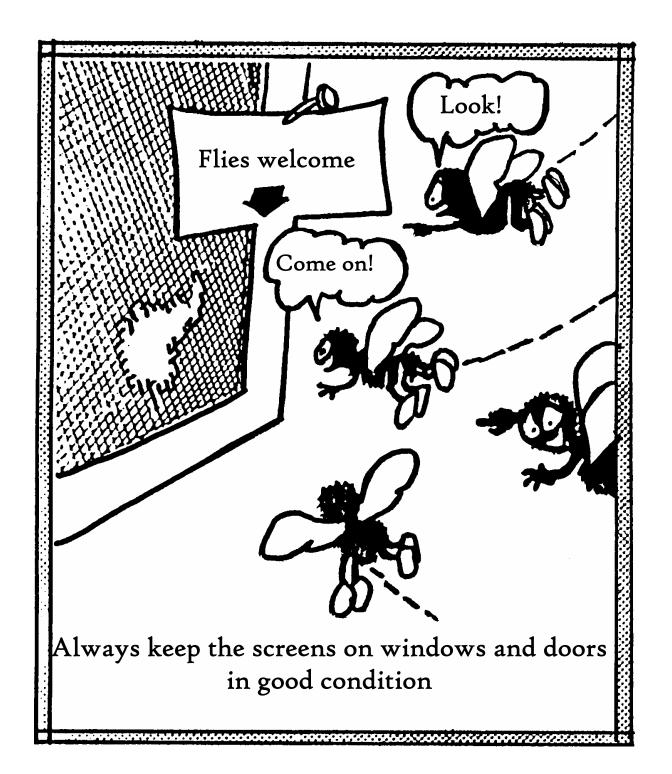
## 2 Ways To Thaw Food

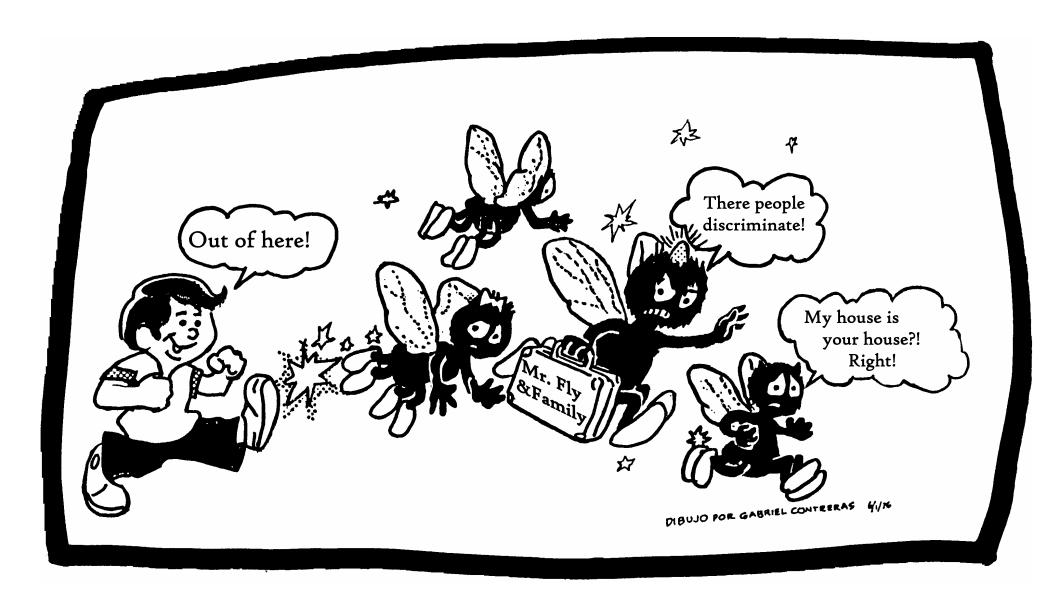


1. On a thick plate underneath a stream of cool water











## **Migrant Health Promotion**

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