

DOCUMENT RESUME

ED 433 165

RC 022 065

TITLE Proceedings of the 1998 Migrant Farmworker Stream Forums: Annual Midwest Farmworker Stream Forum (8th, San Antonio, Texas, November 5-8, 1998); Annual East Coast Migrant Stream Forum (11th, Springfield, Massachusetts, November 13-15, 1998); Annual Western Migrant Stream Forum (8th, Sacramento, California, January 29-31, 1999).

INSTITUTION National Center for Farmworker Health, Inc., Austin, TX.; Health Resources and Services Administration (DHHS/PHS), Rockville, MD. Bureau of Primary Health Care.

PUB DATE 1999-05-00

NOTE 102p.

AVAILABLE FROM National Center for Farmworker Health, Inc., P.O. Box 150009, Austin, TX 78715; Tel: 512-312-2700 (#5694, free).

PUB TYPE Collected Works - Proceedings (021)

EDRS PRICE MF01/PC05 Plus Postage.

DESCRIPTORS \*Health Needs; Health Promotion; \*Information Dissemination; Interprofessional Relationship; Medical Research; \*Migrant Health Services; \*Migrant Problems; Migrant Workers; Networks; Public Health; \*Research Needs; \*Research Problems; Researchers

ABSTRACT

Researchers, advocates, and clinicians met at the three 1998 migrant stream forums to develop strategies for farmworker health research. The introductory section of this proceedings discusses this year's focus--building research partnerships to improve migrant health--and describes planning and implementation of the forums' research track. Sessions offered mini-lectures on specific types of research and training to participants unfamiliar with research methods. Research needs/gaps, potential collaborators, and venues for research dissemination were identified during topical working groups on migrant children, health access, occupational health, environmental health, and mental health. Working group reports addressed specific needs of migrant farmworkers, the probability that research could make a difference, the interest in identifying additional collaborators, and the inherent problem in doing this type of research. Barriers to research for farmworkers include their status as a hidden population, farmworker mistrust, professional interdisciplinary differences, and limited existing literature. Recommended research strategies and suggested research topics are listed. All three forums were successful in including new participants in the academic community, increasing interest in farmworker research among health care providers, organizing a listserv for researchers and providers, beginning work on research standards, and including college students in the research tracks. Reports on each forum include an overview, a list of planning committee members, and session abstracts. Participant lists comprise about half of this document. (SV)

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# Proceedings of the 1998 Migrant Farmworker Stream Forums

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## MIDWEST

8th annual Midwest Farmworker Stream Forum  
November 5-8, 1998 • San Antonio, Texas

## EAST COAST

11th annual East Coast Migrant Stream Forum  
November 13-15, 1998 • Springfield, Massachusetts

## WESTERN

8th annual Western Migrant Stream Forum  
January 29-31, 1999 • Sacramento, California

# Proceedings

of the

# 1998 Migrant Stream Forums

U.S. Department of Health & Human Services  
Public Health Service



Health Resources & Services Administration  
Bureau of Primary Health Care

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May 1999



## Acknowledgments

The annual migrant stream forums would not be possible without the support of their sponsors:

Centers for Disease Control and Prevention:

- Office of the Associate Director for Minority Health
- National Center for Environmental Health
- National Immunization Program
- National Institute for Occupational Safety and Health
- Office of Women's Health

Health Resources and Services Administration

- Bureau of Primary Health Care
- Office of Migrant Health
- Office of Minority Health

Migrant Clinicians Network

National Association of Community Health Centers

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### **8th annual Midwest Farmworker Stream Forum**

University of Texas Health Science Center at San Antonio Medical School

Kansas State Health Department and Kansas State Primary Care Association

### **11th annual East Coast Migrant Stream Forum**

Connecticut Primary Care Association

Maine Ambulatory Care

Massachusetts Area Health Education Center

Massachusetts League of Community Health Centers

National Rural Health Association

North Carolina Office of Demonstrations and Rural Health Development

North Carolina Primary Health Care Association

U.S. Department of Health and Human Services

### **8th annual Western Migrant Stream Forum**

Arizona Interagency Farmworker Coalition

California Primary Care Association

Great Basin Primary Care Association

Health Resources and Services Administration, Pacific West Cluster

Idaho Primary Care Association

Northwest Regional Primary Care Association

Oregon Primary Care Association

U.S. Environmental Protection Agency

Washington Association of Community and Migrant Health Centers

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## Introduction

This book describes the annual Farmworker Stream Forums and presents the proceedings from the 1998 forums. The proceedings were developed to provide you with a tool that may be used for multiple purposes. First, if you participated in any of the forums and wish to maintain contact with colleagues you may have met or renewed an acquaintance with, names, address, phone numbers and

emails are listed for all participants.

Second, you may use this book as a referral source for expertise you may be seeking. The Farmworker Stream Forums are attended by some of the brightest and best people in the field of community and migrant health. From all walks of life, training, and experience, participants from all over the United States and Mexico bring together an array of information. Third, you may use this book as a guide to



Clockwise from left: Antonio Durán, HRSA Coordinator, Pacific West Cluster; Velma Hendershott, CEO, Intercare Community Health Network; Bob Hendershott; Ben Flores, Executive Director, Columbia Valley Community Health Services; Bobbi Ryder, CEO, National Center for Farmworker Health; David Gamez, RN, MA, President and CEO, Health Delivery Inc.; John McFarland, DDS, Director of Dental Services, Plan de Salud del Valle; Nana Lopez, Program Services Director, National Center for Farmworker health; Barbara Garrison

assist you with conference planning. Within the proceedings you will find more than 75 educational session titles, a brief abstract of each session, and the name of the presenter(s). Addresses and phone numbers for conference presenters are included in the participant list for each forum.

### WHAT IS A STREAM FORUM?

In response to the need for collaboration, orientation, and training among migrant health professionals, three regional conferences, or "stream forums," are held each year throughout the United States. The forums provide relevant, timely, affordable training to farmworker health professionals, giving them tools for providing high quality, accessible, cost effective health care to our nation's farmworkers.

## **WHO ARE AMERICA'S FARMWORKERS?**

Farmworkers are an integral part of the agricultural industry which feeds American families. Each year, millions of farmworkers leave their homes to harvest our nation's crops. They tend, pick, and process the fresh produce that ultimately ends up on every table in America. Approximately 85 percent of the fruits and vegetables grown in this country require some kind of hand processing.

Surveys show the median family income for seasonal farmworkers is between \$7,500 and \$10,000 annually. Farmworkers also lack benefits like sick leave and Workers Compensation that most workers take for granted. Poverty, occupational hazards, and frequent migration make finding health care a challenge for these families. A federally funded network of migrant health centers provides cost-effective services to this hard-to-reach underserved-population.

Most farmworkers have a permanent residence somewhere in the south, most often in California, Texas, or Florida. From these "downstream" or "homebase" states, workers fan out across the U.S., moving northward or "upstream" as each new crop is ready for their labor. As they travel, farmworkers follow loosely defined patterns known as "streams." Although farmworkers may cross freely between streams, depending on agricultural conditions and the availability of work, farmworker advocates identify three primary migratory streams: Western, Midwestern, and Eastern. One forum is held in each stream each year.

## **THE HEALTH CARE PROVIDER'S CHALLENGE**

Fluctuations in the farmworker migration pattern mean that migrant health centers and other farmworker advocates face unique challenges. The regional farmworker stream forums were created to address stream-specific issues surrounding the provision of services to farmworkers.

### **PROFESSIONAL DEVELOPMENT/CONTINUING EDUCATION**

Opportunities for professional development activities are often limited in the rural areas where migrant health centers are located. For this reason, the farmworker stream forums are committed to providing high quality professional development experiences for professionals in all disciplines. Each forum offers a multi-track program featuring sessions on clinical topics, model programs and federal initiatives. In 1998, planners of the forums concentrated their efforts to develop the first tracks focusing on research about issues related to farmworker health.

Educational programs are offered for the following staff disciplines

- Medical, dental and nursing providers, researchers, and educators
- Lay health and outreach workers, health educators, and social workers
- Administrators and program developers
- Migrant health center board members

### **NETWORKING**

In addition to providing health professionals and farmworker health advocates with important professional information and experiences, the stream forums serve another vital purpose: They

give health care providers an opportunity to meet their long distance colleagues who often provide care to the same patients at the other end of the stream.

Addressing the challenges of temporary residence, frequent mobility, poverty, cultural barriers, and difficult working conditions in order to provide high quality health care to farmworkers requires close communication and coordination among health care providers in upstream and downstream states. The sharing of news, clinical trends, service delivery models, farmworker-specific strategies for health care delivery and research, legislative and/or funding initiatives, and other information among migrant health professionals on a stream-wide basis enables health centers to focus their energies and minimize duplication of effort. The annual stream forums provide an opportunity for providers to put a "face with the voice" and recharge their enthusiasm. Health center staff come to the stream forums to prepare for a busy migration season and to celebrate and renew their commitment.



## This Year's Focus: Building Research Partnerships to Improve Migrant Health

### BACKGROUND

Researchers, advocates, and clinicians came together at the three 1998 migrant stream forums to discuss and develop strategies for farmworker health research. Funded by the National Institute for Occupational Safety and Health (NIOSH), the Migrant Branch of the Bureau of Primary Health Care, and the Southwest Center for Agricultural Health Injury Prevention and Education,



Left to right: Beth Outterson, Nutrition & Health Program Manager, Association of Farmworker Opportunity Programs; Marian McDonald, MA, MPH, PhD, Assistant Professor of Health Education, Tulane University; Sherry Baron, MD, MPH, Medical Officer, National Institute for Occupational Safety and Health; Don Villarejo, PhD, Executive Director, California Institute of Rural Studies

the research tracks provided participants with intensive lectures, focus group discussions, and networking opportunities. Participants included three important partners for quality research: The community (farmworkers), medicine (providers of health care), and research (academics).

The Midwest Farmworker Stream Forum, entitled, "Community, Medicine, Research: Breaking Barriers—Building Bridges to Improve Migrant Health," sought to include multiple stakeholders that would focus on research for improving farmworker health. The purpose of this section is to share the goals, com-

ments and recommendations of Midwest stream conference participants and to promote discussion and involve the larger community. Although this paper emphasizes the research track at the Midwest Farmworker Stream Forum, all three of the research tracks succeeded in advancing interest in and dialogue about research on behalf of farmworkers. Farmworker health advocates plan to continue the push for research on behalf of farmworkers and to repeat the research tracks at the stream forums in 1999. We hope to generate interest in the research process and to recruit more individuals in the future. Session abstracts and speaker names and contact information for the research tracks at each forum are included in this book.

### THE PLANNING PROCESS

Planning for the research track originated in Austin, Texas at the National Center for Farmworker Health. NCFH staff invited key persons to participate as members of the planning committee based on their experience and interest in research to benefit farmworkers.

Dr. Marian McDonald, Professor of Public Health at Tulane University in New Orleans, Louisiana, is known for her work involving farmworkers and members of the Latino community. Her expertise as an evaluator (she represented both the Southwest Center for Agricultural Health, Injury Prevention and Education and the Southeast Center for Agricultural Health and Injury Prevention) was invaluable to the planning process. Dr. Robert McKnight from the University of Kentucky brought a sharp focus to the clinical aspect of the process. As Director of the Department of Preventive Medicine at the University of Kentucky, he also directs the only federally funded program in Kentucky to provide health care to migrant farmworkers. Dr. Fred Peterson, Education Department at the University of Texas, and Dr. Frances Henderson, Director of Nursing at Alcorn State University (Alabama), helped to provide diversity around issues such as primary and secondary education, clinical issues in the rural community, and access to health care for minorities. Dr. Peterson's interest in adolescent farmworkers helped to ensure coverage of this very important sector of the farmworker community.

Joni Berardino, Director of Public Affairs at the National Center for Farmworker Health, served as chairperson for the committee, and was assisted by Madge Vásquez, Program Coordinator at NCFH. Ms. Berardino and Ms. Vásquez recently completed research on the perceptions of health and safety conditions of farmworker women. Viola Lopez, farmworker and advocate, was involved in the planning process and helped to establish a panel of current representatives of the farmworker community to present a panel discussion on the reality of the farmworker lifestyle for conference participants.

## **IMPLEMENTATION**

As a result of the comprehensive planning process, it was determined that a full conference day should be dedicated to the introduction and overview of the research topic. This session provided an opportunity to introduce participants to representatives from the funding agencies who talked about what they hoped to accomplish through the conference research track and future research projects. Two keynote speakers, Dr. Philip Martin, agricultural economist from University of California-Davis, and Dr. Roberta Baer from the Department of Anthropology at the University of South Florida, discussed the importance of conducting research to benefit farmworkers. Some of the obstacles and nuances for researchers of a special population were illustrated. Participants were also given an overview of the National Occupational Research Agenda (NORA), including background on how it evolved and how the research tracks fit into the NORA process.

Dr. Martin gave a lecture entitled, "Farm Labor: Outlook for the 21st Century." His presentation outlined the demographics of farm labor, discussed the need for continued laborers, and underscored the fact that U.S. farmworkers of the 21st century are growing up abroad. Currently about 70 percent of the farmworkers are immigrants.

According to Dr. Martin, all labor markets must deal with recruitment, motivation, and retention. The farm labor market relies on immigration for recruitment, piece rate pay for motivation, and does not worry about retention. The assumption is that it is not possible to compete with non-farm employers for domestic farmworkers, who have the option of getting a non-farm job. Dr. Martin's lecture painted a realistic picture of need for farm labor but little incentive for participation (low pay, poor working conditions, health hazards, etc.).

Dr. Baer discussed the dilemma of survey research and how respondents can interpret questionnaires differently than intended. She cited examples of her own work, commissioned by the U.S. Census Bureau, which included in-depth interviewing on the topics of health and mental health conducted among Mexican and Mexican-American migrant workers in Florida. Dr. Baer suggests the use of ethnographic research prior to the construction of quantitative research instruments.

The planning committee wanted to ensure that the sessions that followed the one-day overview were successful in providing researchers with information about recent or current work being conducted in the field as well as offering some training to participants interested but untrained in



Left to right: Pat Rios, Director, Finger Lakes Migrant Health Center; James O'Barr, MSW, Director, Hudson Valley Migrant Health; Giulia Earle-Richardson, MPH, Public Health Specialist, New York Center for Agricultural Medicine & Health

research techniques. Six sessions were selected; each session provided a mini-lecture on a specific type of research as well as a current example. The following types of research were presented: Surveillance, feasibility, intervention and prevention, and evaluation. In addition, information about research utilizing lay health workers was provided and one session was dedicated to research conducted specifically for children.

During the forums, topical working groups were formed to identify research needs/gaps, potential collaborators, and venues for the dissemination of research. The working groups were divided into the following categories: Migrant Children, Health Access, Occupational Health, Environmental Health, and Mental Health. Working group reports addressed the specific needs of migrant farmworkers, the probability that research could make a difference, the interest in identifying additional individuals and institutions for collaboration, and the inherent problem of doing this type of research. Participants emphasized the need for research to improve baseline data on the health status of farmworkers as well as research that would lead to interventions and policy improvements.

Following the debut of the research track at the Midwest Farmworker Stream Forum, similar research sessions were held at the East Coast Stream Forum and the Western Stream Forum. The forums were attended by staff and collaborators of the NIOSH-funded Agricultural Centers from around the country, many of whom were first-time attendees. Conference planners actively sought members of the academic community (and their students) for the first time in the history of the farmworker stream forums. Success in attracting this new population was ensured due to the ability of conference planners to provide scholarships for new attendees.

Every research track participant received a three-ring binder filled with basic information about research involving farmworkers, including:

- an outline of the goals of the research track
- the recommendations of the National Advisory on Farmworker Health (including a recommendation to conduct research)

- an article by Dr. Linda Rosenstock, Director of NIOSH, with information about the NORA process
- a copy of Dr. Roberta Baer's article "Health and Mental Health among Mexican American Migrants: Implications for Survey Research"
- a sample of some recently published research about farmworkers, and
- a sample of an intervention patient education piece that resulted from research.

## BARRIERS TO RESEARCH FOR FARMWORKERS

### A HIDDEN POPULATION

Farmworkers are a hidden population that has been overlooked by private and publicly funded research institutions. This may be because of general lack of sensitivity, or because Americans are unaware of farmworker contributions to our nation's food supply. The number of farmworkers involved in meeting the demand for fresh produce is often underestimated, making it a low priority for research agendas. The fact that farmworkers often choose to stay hidden out of fear of deportation exacerbates the problem. Many farmworkers are foreign-born, and those who are not are often misidentified because their primary language is Spanish.

### MISTRUST

A lack of trust between the farmworker community and the research community may create a chasm that makes research too complicated or costly. This obstacle may be based on cultural differences such as language and social class. It is important to understand that farmworker communities have been observed and scrutinized for decades by researchers with little return to the community on the time invested. This has also fostered an ambience of mistrust and resentment.



Dr. and Mrs. Steve Olenchok, Senior Scientist for Agricultural Research, National Institute for Occupational Safety and Health

### PROFESSIONAL AND INTERDISCIPLINARY DIFFERENCES

The interdisciplinary and cultural differences among academic researchers, health care providers, and advocates who serve farmworkers can often pose a barrier. Differences in expectations and definitions of acceptable research methodology hinder progress. Lack of training in research standards may intimidate those who provide health care to farmworkers. In some instances, clinical providers may simply feel that the need for immediate information outweighs the need for extensive research methods that are required by academia in order to be considered scientifically sound.

From the academician's point of view, credit for authorship and other "publish-or-perish" pressures may obscure or reduce the flexibility to work with providers, particularly when coupled with other existing barriers such as language, hard-to-reach populations, etc. Some people believe that research conducted by trained researchers using scientific methods may be less valid than work utilizing less stringent methods because of ignorance about critical cultural considerations.

#### LIMITED EXISTING LITERATURE

Another concern of conference participants is the number of research projects completed but never published. Anyone who has ever reviewed the literature for existing, published work about farmworkers will attest that the pool of publications is limited. Again, strict standards may prohibit scientific journals from publishing what may be very important information.

#### VIABILITY OF DEVELOPING A RESEARCH AGENDA FOR FARMWORKERS

Although many conference participants believed that an agenda for research related to farmworker health would be helpful, the majority emphasized the need for developing concrete strategies for intervention-oriented research. Funding for research that benefits farmworkers is so scarce that a lengthy process to determine what needs to be studied may not be cost effective. Several years ago, NIOSH gathered a group of individuals well known for their work with farmworkers. The purpose was to discuss objectives for surveillance of hired farmworker occupational safety and health. A draft report outlining priorities for surveillance and research is currently being circulated and will soon be published. NIOSH has developed an admirable conscience over the past five or six years about farmworkers' plight and the need for research related to their occupational safety. Other agencies (public and private) should replicate some of the efforts of NIOSH to enhance their own stakeholder positions.

Rather than engage in another lengthy process to prioritize research needs, conference participants outlined a need to focus on strategies for collaboration between researchers, clinicians, and advocates. Participants are committed to developing ways to gather research about and on behalf of farmworkers so that it is easily accessible.

#### RECOMMENDATIONS

- Research stakeholders should be inclusive and not exclusive. First and foremost, farmworker input through focus groups, interviews, and advisory boards should be incorporated when establishing research topics and methodologies.
- An email list should be developed to be used as a clearinghouse for dissemination of information about research related to farmworker health and safety. Anyone interested in research on behalf of farmworkers can post information about work they are doing, published articles, or questions about information needed. (Note: A list has been developed as a result of this recommendation and can be accessed at [MIGRANT\\_RESEARCH@listserve.collier.org](mailto:MIGRANT_RESEARCH@listserve.collier.org))

- Consideration should be given to the establishment of a publishing house or journal specifically for information about farmworkers.
- Partnerships between traditionally trained academic researchers and health providers who serve and have access to farmworker populations should be established to create scientifically sound, practice-based research to benefit farmworkers. The same may be true of educators who serve farmworkers in the public school systems.
- Traditional standards for research should be reconsidered and new methodologies employed for difficult-to-reach, culturally diverse populations such as farmworkers.
- Researchers must give something back to the community they are researching. If a problem is discovered, an intervention should be developed and then provided to the community. This can be done through public meetings, newspaper articles, door-to-door conversations, etc.
- Federal agencies responsible for public health should incorporate farmworker families into all planning processes for future research agendas and ensure that farmworker input is included in national surveys and reports.
- Conference planners should consider offering training sessions in research methodologies for non-academicians to enhance self-confidence and improve quality of work. Academic training should include cultural diversity and recommendations for conducting research on surveys with hidden populations.
- More emphasis should be placed on private and public partnerships to assist with the cost of conducting research to benefit the health and safety of farmworkers and their families.
- The farmworker stream forum research effort should be continued and replicated. Planning for the three streams should be a national multi-stream effort in 1999.
- Research initiated should not be conducted for the sake of doing research. Stakeholders should be clear on the purpose for conducting the work and how results will be utilized. The end result of any research project should not be a publication that sits in a file, but a series of actions that initiate positive change.

OTHER SUGGESTIONS, INCLUDING RESEARCH TOPICS:

- The beneficial economic contributions of farmworkers within a community should be established to underscore the importance of maintaining a healthy working population.
- Establish a list of specific occupational illnesses by crop.
- Farmworkers should be trained to report occupational injuries.
- More attention should be paid to the impact of living conditions such as constant mobility, crowded labor camps and lack of opportunities for recreation. These factors impact the physical and mental health of farmworkers.

- Although pesticide exposure and environmental safety are of grave concern, there should be a more equitable emphasis placed on the known concerns of farmworkers: Structural (skeletal and muscular) pain and specifically back pain.

## CONCLUSION

Although this paper emphasizes the research track at the Midwest Farmworker Stream Forum, all three of the research tracks were successful in accomplishing a number of things:

- inclusion of new participants in the academic community in the farmworker stream forums;
- a heightened interest in research on behalf of farmworkers among people who work with them on a daily basis (providers of health care);
- an organized method of communication between researchers and providers through the development of an email list;
- a list of recommendations and the beginning of a set of standards to work by when conducting research with this special population; and
- the encouragement of a new generation of professionals through the inclusion of academic students in the research tracks.

This initial foray into combining researchers with providers and advocates has been a tremendous achievement, but there is a lot of work to be accomplished in the future. The research tracks should be institutionalized into the farmworker stream forums. Perhaps other existing conferences could garner encouragement from this success and replicate some of these efforts. At this time we have tentative plans to continue the research track in 1999. If funding support can be confirmed in the near future, advance planning to take the research track to the next level in 1999 can be successfully achieved. Emphasis must be placed on the need for adequate planning time in order to assure that all of the three stream forums can implement research tracks in a comprehensive and sophisticated manner. Through this effort we can expand the network of migrant health research partners in order to improve the health status of migrant and seasonal farmworkers.

## **1998 Migrant Stream Forums National Coordinating Committee**

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## 8th annual Midwest Farmworker Stream Forum Overview

During the Midwest Farmworker Stream Forum held in San Antonio, Texas, in November 1998, the National Center for Farmworker Health, Inc. (NCFH) gathered researchers, advocates, and clinicians to discuss and develop strategies for farmworker health research. The forum, entitled "Community, Medicine, Research: Breaking Barriers—Building Bridges to Improve Migrant Health," sought to include multiple stakeholders who would focus on research for improving farmworker health. Participants included three important partners for quality research: The community (farmworkers), medicine (providers of health care), and research (academics). A group of farmworkers provided a panel discussion on the realities of the farmworker lifestyle for conference participants.

A full day was dedicated to introduction of the research topic. The day was spent introducing participants to representatives from funding agencies, who had an opportunity to talk about what they hoped to accomplish through the conference research track and future research projects. Participants were also given an overview of the National Occupational Research Agenda (NORA), including how it evolved and how the research tracks fit into the NORA process.

Sessions that followed the one-day overview provided researchers with information about recent or current work being conducted, and also offered some training to participants interested but untrained in research techniques. Each session was designed to provide a mini-lecture on a type of research as well as a current example. The following types of research were presented: Surveillance, feasibility, intervention and prevention, and evaluation. In addition, information about research using lay health workers was provided and one session was dedicated to research conducted specifically for children.

Other highlights of the Midwest Farmworker Stream Forum included a kick-off plenary; 24 educational sessions for clinicians, social service providers, board members and administrators of migrant health centers, members of the academic community and their students, lay health advisors, and farmworkers; a tour of San Antonio programs for farmworkers; a dinner dance; and a closing breakfast with guest speakers.

Those who went on the tour were able to visit the Migrant Education Program of the San Antonio Independent School District, tour the University of Texas Health Science Center's mobile dental unit, visit the Guadalupe Cultural Arts Center, which honors Hispanic artistic contributions, and visit the Colonia Remigio, a multi-family rental housing complex exclusively for migrant farmworkers. After the tour everyone dined on local fare at a San Antonio restaurant.



Lorena Sprager, Health Promotion Director, La Clínica del Cariño, introduces her daughter to the migrant health movement

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The opening plenary session was hosted by the State of Kansas and featured Barbara Gibson, Director of Primary Care Services for the Department of Health and Environment, who led participants in a rousing rendition of the Kansas state song. A welcome address delivered by Steve Olenchock, Senior Scientist for Agricultural Research at the National Institute for Occupational Health and Safety, was followed by the keynote speaker, Dr. Philip Martin, a nationally recognized agricultural economist who delivered a presentation entitled "Farm Labor Outlook for the 21st Century." Finally, the annual NCFH Journalistic Excellence Award was presented to the *Longmont Daily Times-Call* of Longmont, Colorado, for exceptional journalism that promoted public understanding and appreciation of farmworkers' lives and contributions to our nation.

Saturday was time for a fiesta! Conference participants let their hair down to dance the merengue and the salsa with the Texas Chili Peppers, a local San Antonio Band. Those too shy to dance were pulled from their seats by members of the Urban 15, a Latino dance and drum troupe. In the end almost everyone was on the floor to end a long hard year of work and rejuvenate for the challenges ahead.

In addition to the events above, 24 educational sessions offered continuing education for conference participants on topics such as medicine and folk health, hot issues in immunizations, and immigration and welfare reform. Round table discussions provided informal opportunities for participants to discuss topics not covered in the educational sessions.

Approximately \$3,000 was raised at a silent auction to benefit the Friends of Farmworker Families Fund. The auction was a huge success and loads of fun. Conference participants bid on donated items from across the Midwest. Old and new "stuff," including handmade items, set off a bidding war to benefit the fund, which pays for uncompensated health care for farmworker families in need. Brent Brooks, composer and pianist, performed at the auction, and sales of his CD *Moment of Wonder* also added to the contributions to the Fund. Next year we expect the silent auction to be even bigger and better.

Last but not least, a closing plenary session was moderated by Jack Egan, Acting Director of the Migrant Branch. Jack provided a Bureau update and introduced John Ruiz from the National Association of Community Health Centers for a legislative update. Following the two updates, Dr. Marcia Brand, Special Advisor to the Administrator, Health Resources and Services Administration (HRSA), provided an overview of the Child Health Insurance Program (CHIP). Dr. Brand's presentation included an update on HRSA's current efforts to expand access to CHIP and Medicaid for farmworkers.

## 8th annual Midwest Farmworker Stream Forum Planning Committee

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## 8th annual Midwest Farmworker Stream Forum Session Abstracts

### ▪ ALTERNATIVE MEDICINE: HEALING AND CLEANSING METHODS

Interacting with clients in a culturally appropriate manner varies greatly, even within the same culture. Many older Hispanic women rely on the services of a *curandera* for physical and spiritual cleansing and healing. Younger Hispanic women are often more receptive to frank and honest group discussion. In this session, you will discuss and witness the healing and cleansing methods utilized by a *curandera*. You will also gain insight about how to effectively communicate with teens about family planning issues. *Presenters: Olga M. Aguirre, MA, Executive Director, The Mujeres Project, San Antonio, Texas; Mary Jane Garza, Contract Curandera, The Mujeres Project, San Antonio, Texas.*

### ▪ CLINICAL TOOLS IN DIAGNOSING AND MANAGING HIV INFECTION

Using HIV as a differential diagnosis, this session will provide tools with which to investigate odd manifestations of the disease. In addition, clinicians will receive an update regarding HIV, including an overall view of the latest HIV research advances reported in the recent HIV/AIDS World conference in Geneva; the latest recommendations on combination therapies, including the benefits, the possible side effects, and the importance of adherence; an overview of the benefits as well as side effects that can occur with antiretrovirals; and an overview of programs and agencies which provide support for both the patient and the clinician in the management of this disease which will eventually become a chronic pathology. *Presenters: Louis Martinez, MD, Research Associate; Director of HIV/AIDS Physician Training for Texas and Oklahoma; University of Texas School of Public Health, Houston, Texas.*

### ▪ COMMUNICATION STRATEGIES FOR FARMWORKERS: MAKING CANCER A HEALTH PRIORITY

This session will outline how an agency with communication expertise collaborated with a grassroots support service agency for a project aimed to develop, implement, and evaluate a skin and cervical cancer prevention strategy for farmworkers. The program used Spanish speaking outreach workers to record observed behaviors, conduct a "knowledge, attitudes and practices" survey, and discuss skin cancer prevention with farmworkers. Observations took place in fields; the survey and education took place in camps. Health messages were conveyed in person at the end of the baseline interview, and protective hats were distributed. Follow up intervention, such as skin screening events, group education sessions, and referrals, took place over the next few weeks. The study findings from 1995-1996 demonstrated that both knowledge and behavior related to skin cancer prevention improved, and that person-to-person health education conveyed by bilingual outreach workers who are familiar to the farmworkers is effective. *Presenters: Carol Hooks, Program Officer, Program for Appropriate Technology in Health, Washington, DC; Marian McDonald, MA, MPH, PhD, Assistant Professor, Health Education, Community Health Sciences Department, Health and Tropical Medicine, Tulane University.*

### ▪ COMMUNITY LAY HEALTH WORKERS AND THE QUANTITATIVE/QUALITATIVE PROCESS

Traditional means of occupational health surveillance have proved ineffective in documenting the extent of occupational injury and illness in the farmworker population. This session will provide an overview of research strategies that may be used to conduct more effective research. Presentations will include traditional methods of quantitative and qualitative data collection, as well as

the role of lay health workers in gathering relevant occupational health data among the farm-worker population. The session will feature a panel representing: 1) a survey conducted among farmworkers in Illinois and Florida using lay health providers (also known as *promotores de salud* or camp health aides) for data collection. The presentation will explore the pros and cons of using lay health workers, highlighting the cultural advantages, training, cost, and quality of outcomes; 2) a Texas-based study utilizing lay health workers for data collection, which surveyed 416 households in 72 *colonias* in South Texas. The purpose of the study was to systematically describe migrant families, HIV prevalence, knowledge about HIV, and health seeking experiences; 3) an epidemiological study using quantitative medical record data. The presenter will explain the steps in designing research studies, including instrument development, subject sampling, data collection, and basic statistical analysis. *Presenters: Susan Bauer, MA, MPH, Health Resources Coordinator, Community Health Partnership of Illinois/Illinois Migrant Council, Chicago, Illinois; Victoria Booker, MSW, MPH, Program Associate, Migrant Health Promotion, Monroe, Michigan; Lucia Bustamante, BA, University of Texas Health Science Center at San Antonio, Department of Pediatrics, San Antonio, Texas; James O'Barr, MSW, Director, Hudson Valley Migrant Health Program, Beacon, New York.*

▪ **COMMUNITY, MEDICINE, RESEARCH:**

**BREAKING BARRIERS AND BUILDING BRIDGES TO IMPROVE MIGRANT HEALTH**

This is the kick-off session for a brand new educational track at the stream forums. The National Institute for Occupational Health and Safety (NIOSH) provided funding to bring researchers, health care providers, community leaders and advocates together to address the issue of research for occupational health and safety. This session has something for everyone. There will be a facilitated discussion to put important issues on the table, such as the different needs, standards, styles, training, and opinions of academicians, advocates, and providers of health care to farmworkers. The session will provide some basic information to help non-researchers get comfortable with their contribution to research; researchers will learn important information about why farmworkers' culture must be considered when developing a research tool. This session will serve as a prelude to the overall research track. *Presenters: Roberta Baer, PhD, Professor, Department of Anthropology, University of South Florida, Tampa, Florida; Joni Berardino, MS, Director of Public Affairs and Resource Development, National Center for Farmworker Health, Inc., Austin, Texas; Karen Gilmore, MPH, Administrator, Southwest Center for Agricultural Health, Injury Prevention and Education, University of Texas Health Center, Tyler, Texas; Phillip Martin, PhD, Professor, University of California at Davis, Davis, California; Marian McDonald, DrPH, Assistant Professor, Department of Community Health Sciences, School of Public Health and Tropical Medicine, Tulane University, New Orleans, Louisiana; Stephen A. Olenchok, PhD, Senior Scientist for Agricultural Research, National Institute for Occupational Safety and Health, Office of the Director, Morgantown, West Virginia; Don Villarejo, PhD, Executive Director, California Institute for Rural Studies, Davis, California.*

▪ **DEVELOPING A RESEARCH AGENDA TO BENEFIT FARMWORKERS**

This session will be the final session of a three-day research track in which academics, clinical providers, outreach workers, and advocates have shared their experiences in the field. Extensive progress has been made, but roadblocks have also been discovered. Until a few years ago, research on behalf of farmworkers was almost non-existent. In the past five years the National Institute for Occupational Health and Safety has put an emphasis not only on special populations, but also in many instance on farmworkers specifically. As researchers and advocates, we must take advantage of this opportunity and use it as leverage to seek support from other funders. But



we must also be careful to ensure that we use the resources wisely to benefit farmworkers in the most effective way possible. This session is intended to maximize the opportunity presented by the participation of some of the most devoted researchers and advocates in the nation to discuss priorities and strategies for the future. *Presenters: Joni Berardino, MS, Director of Public Affairs and Resource Development, National Center for Farmworker Health, Inc., Austin, Texas; Phillip Martin, PhD, Professor, University of California at Davis, Davis, California; Marian McDonald, DrPH, Assistant Professor, Department of Community Health Sciences, School of Public Health and Tropical Medicine, Tulane University, New Orleans, Louisiana; Stephen A. Olenchock, PhD, Senior Scientist for Agricultural Research, National Institute for Occupational Safety and Health, Office of the Director, Morgantown, West Virginia.*

▪ **ENHANCING YOUR PROFESSIONAL IMAGE AND SKILLS**

Do people perceive you as confident and articulate? Are you able to express yourself effectively? Do you use your own natural gifts and personal style to their full capacity? We send signals with everything we do. People may be reading something from you even when you are not intentionally communicating with them. Send the message you want them to receive. This session will address communication issues: Gain insight into your natural communication style, enhance your communication skills and abilities, and learn to convey a polished personal image. *Presenters: Barbara J. Bacon, RN.*

▪ **FEASIBILITY OF EPIDEMIOLOGIC RESEARCH ON CANCER AMONG MIGRANT AND SEASONAL FARMWORKERS**

A lecture will be presented on the value of conducting a feasibility study before embarking on a full-fledged research project. Three examples of feasibility studies will be provided. The first involved locating most of a cohort of 100 male and 96 female migrant farmworkers who were identified from diabetes and gallbladder disease studies conducted in Starr County, Texas, approximately 10 years earlier. The second study reviews the feasibility of measuring biologic levels of exposure to contaminants prenatally through cord blood and placenta and via maternal urine at the time of delivery in a group of nine migrant or seasonal farmworkers with significant exposure opportunities. In the third feasibility study, three separate focus groups were conducted with migrant farmworker mothers, sons, and daughters to assess their activities and possible exposures of migrant farmworker children. Results will be useful for future studies of childhood cancer. *Presenters: Sharon P. Cooper, PhD, Associate Professor of Epidemiology, University of Texas School of Public Health, Houston, Texas; Cameron Crandall, MD, Assistant Professor, Center for Injury Prevention Research and Education, Department of Emergency Medicine, University of New Mexico, Albuquerque, New Mexico.*

▪ **FOR ONE OF THE LEAST OF THESE: CHURCH AND HEALTH AGENCY PARTNERSHIPS**

Coordination between churches and health and social service providers can be extremely beneficial in meeting the physical, emotional, and spiritual needs of farmworkers. This holistic approach is most effective when there is close interaction with those who care about farmworker health. In this session you will learn about the various programs offered by church denominations, as well as examples of effective grassroots collaborations. *Presenters: Nana Lopez, DDS, MPH, Director, Program Services, National Center for Farmworker Health, Austin, Texas; Sister Bernadette Palma, Coordinator of Family Violence Prevention Program, Family Health Medical and Dental Center/La Salud Familiar, Wautoma, Wisconsin; Celine Caulfield, Executive Director, Catholic*

*Migrant Farmworker Network, Boise, Idaho; Sister Charlotte Hobelman, SND, Coordinator, Pastoral Care to Migrants, Washington, DC.*

▪ **FOSTERING SELF-ESTEEM AND SELF-LOVE**

Would you like to know the meaning of self-esteem and how it pertains to self-love? This session will demonstrate techniques of learning to allow yourself to let go and accept "self." Learn this vital information which will allow you to help that client suffering from low self-esteem. Leave the session with the ability to implement four techniques that will build self-esteem and self-love in yourself as well as in your clients. *Presenters: Emma Gonzalez, CADAC, LCDC, CCGC, Coordinator, TEMSATI, El Paso, Texas.*

▪ **GETTING THE MESSAGE ACROSS: UTILIZING EFFECTIVE TEACHING TOOLS**

This session will highlight the Farmworker Health Education Modules which were recently developed by Farmworker Health Services, Inc. The comprehensive modules contain visual aids, health information, lesson plans and activities, screening protocols, and training materials. Discussion will focus on the process of development of the modules, including field-testing, and there will be a demonstration of how the modules are utilized in the field with farmworkers. Participants will learn how to use these materials, and how to design a comprehensive health education module on a topic of their choice. *Presenters: Matthew Guest, Health Educator, Farmworker Health Services, Inc., Washington, DC; Kevin Marrazzo, Health Educator, Farmworker Health Services, Inc., Washington, DC.*

▪ **HOT ISSUES IN IMMUNIZATION**

This session will be an overview of many "hot topic" issues for the CDC in terms of immunizations. Dr. Humiston will give an immunization update, including vaccine changes, and will report on issues regarding adult immunizations, the utilization of the IPV versus OPV series, and immunization registries. She will also answer questions regarding the CDC and immunizations. *Presenters: Sharon G. Humiston, MD, MPH, Medical Epidemiologist, Centers for Disease Control and Prevention, National Immunization Program, Atlanta, Georgia.*

▪ **IDENTIFICATION AND MANAGEMENT OF DEPRESSION IN THE MIGRANT POPULATION**

This session will focus on the epidemiology of depression in the United States among the Mexican American population. It will review risk factors for depression, and identify co-morbidities associated with the disorder, including suicide and anxiety disorders. Short and intermediate term treatment strategies for depression will be discussed. *Presenters: Martin Guerrero, M.D., Associate Professor of Clinical Psychiatry, Texas Tech University Health Sciences Center, El Paso, Texas.*

▪ **IMMIGRATION AND WELFARE REFORM: THE IMPACT ON FARMWORKER FAMILIES**

What is the current status of farmworkers' access to the Food Stamp Program, the SSI Disability program, the new State Children's Health Insurance Program (CHIP), and, of course, migrant health services? Welfare and immigration reform have dramatically changed how farmworkers and their families obtain access to a variety of public benefits and services. And, for better or worse, the situation continues to change as the federal welfare reform law is amended and new federal regulations are issued. It is difficult enough for those who work with the farmworker community to understand these complexities; it is virtually impossible for farmworkers themselves. Learn how to help them get through this maze. In this session, we will discuss farm-

worker eligibility and access to health programs. *Presenters: Roger Rosenthal, JD, Executive Director, Migrant Legal Action Program, Washington, DC.*

▪ **IMMUNIZATIONS AND CHIP THROUGH COMMUNITY OUTREACH:  
AN ARIZONA MODEL THAT WORKS!**

A two-day community household census and immunization campaign was conducted in the border community of San Luis, Arizona. The household census identified children without medical insurance so they could be referred to the Arizona CHIP and/or Arizona WIC Program. The goal of the immunization effort was to duplicate the Mexican Universal Immunization Campaign, which ensures that all children of specific ages are up-to-date with their vaccinations. In this session, you will learn how this successful project was carried out by using *promotoras*, lay health workers, and community volunteers. Recruitment, training and community outreach activities will be discussed. *Presenters: Amanda Aguirre, MA, RD, Executive Director, Western Arizona Area Health Education Center, Yuma, Arizona.*

▪ **INNOVATIVE PROGRAMS FOR WOMEN, CHILDREN AND FAMILIES**

This session features three successful programs designed especially for farmworkers. You will learn about the following programs and services available to your clients: A rest stop in Hope, Arkansas, which is a multi-agency facility or "One Stop Shop" for traveling migrant families; a student intern program which nurtures farmworker youth who are interested in health care as a profession, thereby creating a culturally appropriate pool of health care professionals to work in federally designated medical shortage areas; and the Friends of Farmworker Families Fund, which helps farmworkers to pay for basic health care services that they cannot otherwise afford. *Presenters: Elizabeth Arendale, Special Programs Coordinator, National Center for Farmworker Health, Austin, Texas; Janice Penney, Director, Southwest Arkansas Migrant Education Cooperative, Hope, Arkansas; Gina Lombardi, Public Relations Manager, National Center for Farmworker Health, Austin, Texas; Irma Soto, Program Coordinator, National Center for Farmworker Health, Austin, Texas.*

▪ **JOURNEY THROUGH EVALUATION**

Evaluation is an integral part of any research project or program. Evaluation allows us to measure the efficacy of our planning, objectives, and achievements. It also supports our requests for funding, and can lend justification to our research efforts. This presentation will be a basic "how to" session on the use of evaluation in research. The session will include evaluation terminology and definitions, as well as ways in which evaluations may be used to guide and maximize program success and efficiency. The presentation will provide an overview of vital components in the evaluation process, including the definition of assessment criteria, data collection, collaboration, replication, and dissemination. Discussion will focus on the techniques for developing evaluation plans for research-oriented programs. *Presenters: Marian McDonald, MA, MPH, PhD, Assistant Professor, Health Education, Community Health Sciences Department, Health and Tropical Medicine, Tulane University, New Orleans, Louisiana; Mary Lynn Thames, PhD, Program Director, Southeast Louisiana Area Health Education Center, Mandeville, Louisiana; Madge Vasquez, Program Coordinator, National Center for Farmworker Health, Austin, Texas.*

▪ **LAY HEALTH AIDES AS MENTORS TO PREVENT FAMILY VIOLENCE**

Without question, violence in the family has a harmful impact on health, but what is violence? Who determines when it has occurred? What kind of impact does it have on health? What can be done about it? In this session you will learn to identify violence and, through role play, learn sev-

eral methods of working with victims. You will also discuss alternatives for customizing "safety plans" for your clients. *Presenters: Sister Bernadette Palma, MSSW, Coordinator of Family Violence Prevention Program, Family Health Medical and Dental Center/La Salud Familiar, Wautoma, Wisconsin.*

▪ **LITERACY AWARENESS—VITAL FOR THE CLINICIAN**

What does literacy level have to do with providing high quality health care? Everything! Without literacy awareness, even the most culturally competent, linguistically appropriate, caring interventions with the best of intentions will still not result in positive health outcomes. Learn the facts of the literacy level of adults. Experience for yourself the struggles that a low literate person has in trying to read. Learn how to determine the reading level of written health materials to share with your patient population. Practice the most effective ways to share information with patients. This session is highly encouraged for clinicians and administrators. Social Service workers, outreach workers, and lay health promoters are welcomed as well. *Presenters: Lorena Sprager, BA, Health Promotion Director, La Clínica del Cariño Family Health Care Center, Hood River, Oregon.*

▪ **MEXICAN MEDICINE AND FOLK HEALING: CURANDERISMO Y YERBAS MEDICINALES**

This session will include a brief history of Mexican folk medicine and folk beliefs from Aztec to modern times. Rituals and usage of herbal medicine will be compared to modern illnesses. The contribution of famous *curanderos* such as Don Pedrito Jaramillo, Nino Fedencio, and Teresita will be discussed and compared. *Presenters: Eliseo "Cheo" Torres, EdD, Vice President for Student Affairs, University of New Mexico, Albuquerque, New Mexico.*

▪ **NO ESTAMOS LOCOS—IMPROVING MENTAL HEALTH FOR FAMILIES**

Mental health problems, alcohol and drug abuse, and domestic violence occur in all groups of people, regardless of race, income level, or ethnicity. However, farmworkers often do not have access to many community resources when faced with these mental and emotional health issues. It is important that lay health workers be aware of the problems and to have skills to address them. Migrant Health Promotion has developed a curriculum to train and support lay health workers in approaching these issues in a sensitive and culturally/linguistically appropriate manner. Session participants will receive a copy of the curriculum to take with them. *Presenters: Rosamaria Murillo, LMSW, Associate Director, Migrant Health Promotion, Monroe, Michigan; Victoria Booker, MPH, MSW, Program Associate, Migrant Health Promotion, Monroe, Michigan.*

▪ **PARTNERING WITH FARMWORKERS THROUGH OUTREACH**

There are numerous opportunities to increase the involvement of farmworkers in their own health care. In this interactive session, participants will discuss the role of outreach in creating partnerships with the farmworker community. They will then design outreach strategies to create partnerships and discuss networks of support for outreach activities. *Presenters: Colin Austin, JD, MRP, Research Associate, PACE Coordinator, University of North Carolina at Chapel Hill, Chapel Hill, North Carolina.*

▪ **PESTICIDE POISONING SURVEILLANCE IN TEXAS MIGRANT FARMWORKER COMMUNITIES**

This session will review the use of surveillance as a research tool. First, an overview of the purposes and advantages of epidemiologic surveillance will be presented. Next, a project that utilized surveillance will be presented. Pesticide poisonings in agricultural sectors are suspected of

being associated with various acute and chronic problems. To obtain more definitive data on the nature and extent of the pesticide poisoning problem, a statewide pesticide surveillance system was developed. Data from the surveillance system may be used to develop appropriate health promotion interventions, improve the quality of health care services provided, and guide future regulations in the agricultural sector. Reporting by health care providers, migrant clinics, and other state and local agencies is critical to the accumulation of reliable data and initiation of prevention efforts. *Presenters: Robert McKnight, MPH, ScD, Associate Professor, Preventive Medicine, Department of Preventive Medicine, University of Kentucky College of Medicine and Director, Southeast Center for Agricultural Health and Injury Prevention, Lexington, Kentucky; Rachel Rosales, MSHP, Public Health Technician, Environmental and Occupational Epidemiology Program, Texas Department of Health, Austin, Texas; Jackilen Shannon, PhD, Epidemiologist, Environmental and Occupational Epidemiology Program, Texas Department of Health, Austin, Texas; Don Villarejo, PhD, Executive Director, California Institute for Rural Studies, Davis, California.*

▪ **A PRIMER ON MANAGED CARE BENCHMARK AND PROFILING DATA**

This session will introduce participants to a standard of benchmarking and profiling tools that are used in the managed care industry. The focus will be on Medicaid managed care and the session will emphasize clinical utilization, including inpatient, outpatient, ancillary and pharmacy data. Information in this session can be incorporated into current practice in migrant/community health centers in preparation for working with managed care contractors. *Presenters: Virgilio Licona, MD, Medical Director, Colorado Access, Denver, Colorado.*

▪ **PROSTATE CANCER: INFORMATION AND TREATMENT SOURCES**

This interactive session will provide up-to-date information about prostate cancer, including prevalence rates, screening methods, and treatments. In addition, sources of free or low-cost prostate cancer screening and prevention materials will be identified. Presenters will also discuss the beneficial role of support groups, which are often available in local communities. *Presenters: Helda Pinzon-Perez, PhD, Coordinator of Special Programs and Research, University of North Texas, Denton, Texas; Miguel A. Perez, PhD, Assistant Professor, University of North Texas, Denton, Texas.*

▪ **REACHING FARMWORKERS WITH PROSTATE CANCER**

This interactive session will enable participants to discuss and design effective educational campaigns to provide prostate cancer prevention information to farmworker families. *Presenters: Miguel Perez, PhD, Assistant Professor, University of North Texas, Denton, Texas; Helda Pinzon-Perez, BSN, PhD, Coordinator of Special Programs and Research, University of North Texas, Denton, Texas.*

▪ **RE-ENGINEERING IN A MIGRANT HEALTH CLINIC**

Re-engineering is a process that can work successfully in any business to increase both patient and staff satisfaction. The "Tri-County Firecrackers" is a re-engineering team which has worked for over a year redesigning the patient visit at Tri-County Community Health Center. Rosemary Quagan, the team leader, will share some of her team's successful efforts in this rural migrant clinic. *Presenters: Rosemary Quagan, MSW, CSAC, Social Worker and Certified Substance Abuse Counselor, Tri-County Community Health Center, Newton Grove, North Carolina.*

▪ **RISK FACTORS FOR INJURY AMONG MIGRANT AND SEASONAL FARMWORKER CHILDREN AND NORTH AMERICAN GUIDELINES FOR CHILDREN'S AGRICULTURAL TASKS**

Two presenters will discuss the issue of children in agriculture and how it impacts their health and well being. The first presenter will describe the methodology and design for a NIOSH funded study entitled "Risk Factors for Injury Among Migrant and Seasonal Farmworker Children." The presentation will focus on the methodology and study design, but will also open up a discussion about the necessity of gathering information on the prevalence of children working in agriculture, their incidence of injury, and the risk factors for injury. The second speaker will follow up with a project description for the development of North American Guidelines for Children's Agricultural Tasks. The project team is comprised of agriculture safety specialists from the United States, Canada, and Mexico, and they are using a consensus development process to generate guidelines that will be subjected to intense review and evaluation. Components of the project include use of the Job Hazard Analysis Framework and will consist of description of the work task, concerns and potential injuries associated with the task, recommendations for safety precautions and types of personal protective equipment, recommended age based on the cognitive and physical attributes required to safely conduct the task, level of adult supervision required, training required to prepare worker for the task, scientific references to support guidelines, and other comments. *Presenters: Barbara Marlenga, PhD, Assistant Director, National Children's Center for Rural and Agricultural Health and Safety, Marshfield, Wisconsin; Beth Utterson, MA, MPH, Manager, Nutrition and Health Programs, Association of Farmworker Opportunity Programs, Arlington, Virginia; Fred Peterson, PhD., Associate Professor, Department of Kinesiology and Health Education, University of Texas at Austin, Austin, Texas.*

▪ **TEATRO POPULAR: PERFORMING OUR OWN LIVES**

A fun, interesting, and effective method of providing health education is through the use of plays and theater games. When the material used for the creation of the performances is taken from farmworkers' everyday activities at work and at home, learning becomes much more personal. In this session, participants will learn theater techniques to get people involved in the decisions which affect their own health behavior and education. This session requires full participation and involvement in the process of problem-solving education. *Presenters: Jose Blanco, PhD Candidate, Theatre Instructor and Health Promoter, Florida State University, Tallahassee, Florida.*

▪ **UNDERSTANDING CULTURE AND ITS EFFECT ON POVERTY**

Some people can access health care services without much difficulty. However, families living in poverty are often faced with unique obstacles in obtaining these important services. Professionals who are attempting to help are often baffled by the very people they are trying to assist. Understanding the culture in which these families live and function is an important step toward the goal of meeting their medical and social service needs. In this session, participants will learn about specific cultural characteristics that are created by poverty, and will acquire strategies to help work more effectively with all populations living in poverty. *Presenters: Tatiana Gabriel, BA, BS, Curriculum Generalist, Title I Migrant Education, Mount Vernon, Washington; Mike Taylor, MS, Migrant Health State Supervisor, North Central Educational Service District, Manson, Washington.*

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## 11th annual East Coast Migrant Stream Forum Overview

The 11th annual East Coast Migrant Stream Forum, held in Springfield, Massachusetts November 13-15, 1998, brought together approximately 250 clinicians, health educators, outreach workers, administrative staff, farmworkers and other advocates of farmworker health. The participants represented 23 states, Puerto Rico, Canada, and the District of Columbia. This level of participation was indicative of the commitment that each person attending the conference had to the health and social issues affecting farmworkers throughout the East Coast region. The North Carolina Primary Health Care Association was joined by the Maine Ambulatory Care Coalition, the Connecticut Primary Care Association, and the Massachusetts League of Community Health Centers in sponsoring this year's conference. The conference supporters included the Centers for Disease Control and Prevention (Office of the Associate Director for Minority Health, National Center for Environmental Health, National Immunization Program, National Institute for Occupational Safety and Health, Office of Women's Health); Health Resources and Services Administration (HRSA), Bureau of Primary Health Care, Office of Migrant Health and Office of Minority Health; Massachusetts Area Health Education Center; Massachusetts League of Community Health Centers; Migrant Clinicians Network; National Association of Community Health Centers (NACHC); National Center for Farmworker Health; National Rural Health Association; North Carolina Office of Demonstrations and Rural Health Development; and the U.S. Department of Health and Human Services.



Dr. Markita Moore, Executive Director, North Carolina Primary Health Care Association; John Ruiz, Health Systems Specialist, National Association of Community Health Centers

The East Coast Migrant Stream Forum hosted the National Advisory Council on Migrant Health public hearings. Migrant farmworkers had the opportunity to testify before the Council regarding matters that affect their health, i.e., access to health care, health problems, family experiences, etc. The participation of farmworkers in the hearings gave a voice to the many concerns that farmworkers face each day of their lives, and lent a face to the hardships encountered by both migrant and seasonal workers. The hearings also served to remind us of the importance of the work that we all do as we tirelessly work to provide services to this special population.

The plenary session featured a welcome by Dr. Markita A. Moore, Executive Director, North Carolina Primary Health Care Association. The featured keynote speaker was Judith Kurland, New England Regional Director of the Department of Health and Human Services, who gave a rousing speech focused on the different levels of relationships within public health care and how

those relationships can enhance services for farmworker health. Her message to capitalize on partnerships that affect the delivery of health care to farmworkers was a valid one to keep in mind as we go back to our communities and provide those services.

On Friday, attendees were invited to participate in a tour of the Brightwood Health Center and Imperial Nurseries, Inc. A special thanks to Miguel Sanchez-Hartwine of the Massachusetts League of Community Health Centers for being a wonderful resource whose tireless efforts made it possible to provide an excellent tour for the participants. The participants who were not a part of the tour were able to attend their choice of three pre-conference workshops emphasizing essential elements of primary eye care screening, the overview of basic social marketing strategies, and the management of bilingual medical interviews. Participants were able to choose from 25 different workshop sessions embracing a range of topics, with a focus on legal, health, community outreach, community collaboration, and labor issues. In addition, several round table discussions about Census 2000, housing, immigration/welfare reform, CHIP/Medicaid reciprocity, culturally competent health care providers, and child care issues took place during our brown bag lunch on Saturday. We received positive feedback from conference participants and we were very pleased with the overall conference participation.

The closing of the conference began with words from Dr. Markita A. Moore, Executive Director of the North Carolina Primary Health Care Association. A Washington update was given by Christine Pellerin and John Ruiz, and Jack Egan, MPA, Deputy Director of the Migrant Health Branch, spoke eloquently about the future course of the Migrant Health Branch office and the stream forum program. He also spoke on the issues and policies that affect health delivery systems. Jack received an award in appreciation of the excellent job he did as Acting Deputy Director of the Migrant Health Branch. We wish Jack well in his new endeavors. Oscar Gomez, Executive Director of Farmworker Health Services, Inc., presented the Sister Cecilia Abhold Award, and Bonnie Post, BA, Executive Director of the Maine Ambulatory Care Coalition, introduced the closing presentation.

The 11th Annual Migrant Stream Forum then came to an unforgettable end with a beautiful spiritual presentation given by Jim and Donna Augustine. Their touching presentation of the medicine wheel left participants enlightened and with a renewed sense of commitment.

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Miguel Sanchez-Hartwein, Boston, Massachusetts

Alayne Unterburger, MA, University of Florida - Gainesville, Tampa, Florida

## 11th annual East Coast Migrant Stream Forum Session Abstracts

### ▪ ADULT IMMUNIZATION

This session will review current licensed vaccines recommended for immunizing adults and will examine current recommendations for vaccination of persons seeking immigrant status to the United States. In particular, vaccines of relevance to migrant workers (e.g., rubella, varicella, measles, DT, hepatitis A, pneumococcal vaccine, meningococcal vaccine, rabies) will be emphasized. *Presenters: James Hadler, MD, MPH, Connecticut Department of Public Health, Hartford, Connecticut.*

### ▪ AGRICULTURAL SAFETY AND HEALTH: DEFINING RESEARCH AND COLLABORATION

This session will describe the NIOSH-funded research centers along the East Coast and discuss ways in which the centers and migrant health providers can work together. Research topics of relevance to farmworkers will be discussed. *Presenters: Giulia Earle-Richardson, MPH, New York Center for Agricultural Medicine and Health, Cooperstown, New York; Robert McKnight, MPH, ScD, Southeast Center for Agricultural Health and Injury Prevention, Lexington, Kentucky.*

### ▪ THE BILINGUAL MEDICAL INTERVIEW

This session will demonstrate how to upgrade skills in managing interviews across language barriers. In addition, this session will discuss legal, fiscal, and other mandates related to services for patients with limited English proficiency. *Presenters: Eric J. Hardt, MD, Boston University School of Medicine, Boston, Massachusetts.*

### ▪ CAN WE TALK? ENSURING LINGUISTIC AND CULTURALLY APPROPRIATE SERVICES

This session will describe the services and goals of the Office for Civil Rights and its dedication to interpreting Title VI of the Civil Rights Act of 1964. Other laws that require the provision of auxiliary aids or reasonable modification to enable persons with sensory impairments to have an equal opportunity to benefit from services will also be discussed. *Presenters: Peter K. Chan, MSW, Operations Division, Office for Civil Rights, U.S. Department of Health and Human Services, Boston, Massachusetts.*

### ▪ A COMMUNITY-ORIENTED APPROACH TO PROVIDING HEALTH SERVICES TO FARMWORKERS

This session will present a case study of a newly started community/migrant health center done simultaneously in a rural, western Massachusetts community. The components of community-oriented primary care in a migrant health setting will be discussed. *Presenters: Sarah Kemble, MD, Community Health Care of Franklin County, Turners Falls, Massachusetts.*

### ▪ FARMWORKERS AND HEALTH IN THE EASTERN STREAM: UNDERSTANDING THE NATIONAL AGRICULTURAL WORKER SURVEY (NAWS)

This session will explain the demographic changes in the population on the East Coast in the last 10 years. Namely, the population has experienced an ethnic shift from U.S.-born White to Latino immigrants. This session will examine data on task/location and ethnicity which proves this shift. *Presenters: Richard Mines, PhD, U.S. Department of Labor, Office of Policy, Washington, DC.*



▪ **FEMALE FARMWORKERS AND HIV:**

**A CRITICAL LOOK AT TRADITIONAL PREVENTION STRATEGIES**

This session will present a case study which will examine current HIV/AIDS prevention strategies and propose more effective strategies for reaching female farmworkers. *Presenters: Antoinetta Bolomey, MEd, National Coalition of Advocates for Students, Boston, Massachusetts.*

▪ **FOR ONE OF THE LEAST OF THESE: CHURCH AND HEALTH PARTNERSHIPS**

This session will describe how the Beth-El Mission, a ministry of the Presbyterian Church (USA), in collaboration with area health and social service providers, empowers farmworkers and improves health status. *Presenters: Ramiro Ros, MDiv, Beth-El Mission, Wimauma, Florida.*

▪ **HOW AM I DOING, BOSS? STAFF EVALUATIONS FOR PERFORMANCE AND GROWTH**

This session will present information on being an effective leader by understanding the key relationship principles behind successful performance feedback and conducting evaluations specifically. Effective methods of performance feedback and an assortment of performance evaluation tools to consider for application to individuals' settings will also be presented. *Presenters: John Ruiz, National Association for Community Health Centers, Washington, DC; Gil Walter, MPH, Family Medical and Dental Centers, Palatka, Florida.*

▪ **THE LEGAL RIGHTS OF CHILDREN IN IMMIGRANT HOUSEHOLDS**

This session will discuss the problems of citizen and legal resident children in households with undocumented parents, children, and other variations. In addition, strategies that allow service providers to work with these families will be discussed. *Presenters: Roger Rosenthal, JD, Migrant Legal Action Program, Washington, DC.*

▪ **MAXIMIZING YOUR OUTREACH POTENTIAL**

This session is focused on strategizing outreach workers and programs in order to expand and diversify services to farmworkers and to establish a revenue-generating patient base. *Presenters: Oscar Gomez, Farmworker Health Services, Inc., Washington, DC; Brian Burgess, South Jersey Hospital, Bridgeton, New Jersey.*

▪ **MIGRANT HEALTH: A REVIEW OF SELECTED CLINICAL CASES**

This session will focus on selected cases of unusual and challenging issues faced by clinicians in migrant health. *Presenters: Stephen Ciesielski, MD, PhD, Tri-County Community Health Center, Newton Grove, North Carolina.*

▪ **MOBILIZING THE COMMUNITY: CONTAINING RUBELLA AND OTHER COMMUNICABLE DISEASES**

This session will present an overview of the national perspective on the current epidemiology of rubella, recent outbreaks among the Hispanic population along the East Coast, and ways to mobilize the community to contain outbreaks rapidly. The implications for mobile populations will be discussed. *Presenters: Roderick "Eric" Jones, Centers for Disease Control and Prevention, Atlanta, Georgia; Elizabeth Perez-Russo, Centers for Disease Control and Prevention, New York, New York.*

▪ **THE OCCUPATIONAL SAFETY AND HEALTH OF FARMWORKERS: A COLLABORATIVE STUDY**

This session will describe collaborative efforts of the New York Center for Agricultural Medicine and Health and migrant program directors to study farmworker occupational injuries in their region. This session will also describe how the comments of farmworkers, growers, service providers, and advocates were incorporated into the study design. *Presenters: Giulia Earle*

Richardson, New York Center for Agricultural Medicine and Health, Cooperstown, New York; James O'Barr, MSW, Hudson Valley Migrant Health, Beacon, New York; Patricia Rios, Finger Lakes Migrant Health, Rushville, New York.

▪ **OUTREACH WORKERS AROUND THE WORLD**

This session will expose the participants to the "Community Health Centers Around the World" web site and all of the services it provides. This session will teach the participants how to venture out on the Internet to find resources in international and community health. *Presenters: Gail Price, Management Sciences for Health, Boston, Massachusetts.*

▪ **PERFORMING OUR OWN LIVES: USING THEATER TO EDUCATE FARMWORKERS**

This interactive session will describe ways to provide information on health related issues through the use of plays and theater games. The plays and theater games are reflective of farmworkers' everyday activities at work and at home. *Presenters: Jose Blanco, MA, Florida State University, Tallahassee, Florida.*

▪ **PLANNING LARGE SCALE EVENTS: HEALTH FAIRS, FARMWORKER FESTIVALS, AND ADVOCACY DAYS**

This session will present practical guidelines for organizing, planning, and implementing large scale events, focusing on farmworkers and farmworker issues. Specific examples from throughout the East Coast will be highlighted and ways to incorporate farmworkers into the planning process will be emphasized. *Presenters: Rosa Martin, Kentucky Migrant Health Program, Lexington, Kentucky; Kay Embrey, Cornell Migrant Program, Alton, New York.*

▪ **THE POWER OF COLLABORATION**

This session will share the essence of the Blueberry Harvest Summer Youth Program and how it successfully has developed collaborative programming with Rural Health Centers of Maine. In addition, this session will display the beauties of the blueberry barrens of Maine and the lifestyle of the workers. *Presenters: Ray Therrien, Maine Migrant Education, Farmington, Maine; Judith White, Rural Health Centers of Maine, Augusta, Maine.*

▪ **PRACTICAL STRATEGIES FOR MANAGING CORONARY ARTERY DISEASE IN FARMWORKER PATIENTS**

This session will explore the nuts and bolts of coronary artery disease in patients with access, cultural, and economic issues, and will present an evaluation of coronary artery disease treatments. In addition, this session will present findings suggesting that the underserved patient population may receive the most effective, inexpensive therapies less often than other patient populations. *Presenters: Michael O'Reilly, MD, Tri-County Community Health Center, Newton Grove, North Carolina.*

▪ **PRIMARY EYE CARE**

This session will cover the essential elements of a primary eye care screening, including vision testing and screening for eye injury or disease. *Presenters: Jillian Hopewell, Migrant Clinicians Network, Austin, Texas.*

▪ **RISK FACTORS FOR INJURY TO FARMWORKER CHILDREN**

This session will provide an overview of child labor and risks of injury faced by farmworker children in the fields. Also, federal efforts to enforce child labor laws will be discussed. *Presenters: Beth Outterson, MA, MPH, Association of Farmworker Opportunity Programs, Arlington, Virginia.*

▪ **SOCIAL MARKETING: PRINCIPLES AND PRACTICE**

This session is designed to provide a basic overview of social marketing, its uses and methods, effective strategies for farmworkers, and hands-on experience in "thinking like a marketer." This session explores social marketing, how it differs from traditional marketing, and how it works, using a case study as an example. *Presenters: Alayne Unterberger, MA, Tampa, Florida; Jose Villalobos, Beth-El Farmworker Mission, Winauma, Florida.*

▪ **TB SCREENING AND FOLLOW-UP: NEW TRENDS IN FARMWORKER MIGRATION PATTERNS**

This session will present data on emerging migration patterns discovered while tracking farmworkers undergoing TB treatment. Model collaboration strategies between health centers and health departments will be emphasized. *Presenters: Parul Nanavati, MPH, and Sylvester Thomas, Monroe County Health Department, Rochester, New York.*

▪ **UNDERSTANDING THE ART OF TEAM BUILDING**

This session will focus on developing the basic skills for establishing teams and what team limitations are. *Presenters: Jack Cooper, PhD, Oxford, Connecticut.*

▪ **U.S./MEXICO BINATIONAL HEALTH PROFESSIONAL EXCHANGE**

This session will discuss the pilot professional exchange between five migrant health centers and the Secretarías de Salud of five Mexican states from which the majority of Mexican farmworkers originate. The session will encourage information sharing regarding health care needs and public/primary health care strategies. *Presenters: Anne K. Nolon, MPH, Peekskill Area Health Center, Peekskill, New York; James O'Barr, MSW, Hudson Valley Migrant Health, Beacon, New York; E. Roberta Ryder, Chief Executive Office, National Center for Farmworker Health, Austin, Texas.*

▪ **THE VISUAL ASSESSMENT OF CHILDREN**

This session will present information on properly conducting assessments of the farmworker child, and will present examples of observations that may arise during assessments. The importance and effects of various health implications will also be discussed. *Presenters: Raeann Lusik, AA, AS, Redlands Christian Migrant Association, Apopka, Florida.*

▪ **WHAT MAKES A DISABILITY "REAL:" FARMWORKERS' VIEWS OF THEIR CHILDREN'S COMPETENCIES**

This session will report the results of a qualitative study undertaken in a Migrant Head Start setting that was designed to investigate how parents of children identified through developmental assessment as having "special needs" appraise their child's abilities and developmental status. *Presenters: Andrea Schuman, MSED, Brandeis University, Newton, Massachusetts.*

▪ **WORKPLACE INJURIES: INCREASING CLIENT ACCESS TO WORKERS COMPENSATION**

This session is designed to equip clinicians with information concerning the Workers Compensation system and to discuss ways they can help their patients gain access and fully benefit from the state Workers Compensation system in their respective locations. *Presenters: Shelley Davis, JD, Co-Executive Director, Farmworker Justice Fund, Inc., Washington, DC.*

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## 8th annual Western Migrant Stream Forum Overview

The eighth Annual Western Migrant Stream Forum took place in Sacramento, California, January 29-31, 1999. We achieved record attendance at this year's forum, with over 240 participants from throughout the West. Thanks to the generosity of our many co-sponsoring agencies, several clinical, pesticide training, and research track scholarships were provided to participants who might not otherwise have been able to take advantage of this unique training opportunity.

Highlights included pre-conference daylong intensive sessions, including two clinical intensives (Diabetes and Pediatrics for Non-Pediatricians) and a pesticide safety training funded by the Environmental Protection Agency. This year's forum also served to introduce our first-ever research track. The research track focused on farmworker health research, particularly in the areas of occupational health and safety issues and children's health.

As is the tradition with the forum, participants were offered the opportunity to take a tour of a local migrant health center. This year, participants toured Community Medical Centers, Inc. in Stockton, California, about an hour and a half outside of Sacramento. The tour included discussion of Community Medical Centers' innovative pesticide safety training programs as well as its unique migrant and seasonal farmworker immunization outreach activities. After the health center tour, participants visited a nearby farmworker camp and local farming community.

Conference sessions got underway with the opening plenary session and keynote address. Opening plenary session topics and speakers included a farmworker policy update by the National Association of Community Health Centers (NACHC) presented by John Ruiz, Health Systems Specialist; a NACHC legislative and policy update, presented by Susan McNally, Director of Federal Affairs and Legislative Counsel; and a Bureau of Primary Health Care (BPHC) migrant health update, presented by Jack Egan (previously Acting Chief of the Migrant Health Branch, BPHC). A moving and inspirational keynote address on the joys and hardships of life as a farmworker was given by Virginia Ortega and Raquel Sotelo of the Organización en California de Lideres Campesinas, Inc. The keynote address was presented in Spanish with simultaneous English translation provided.

This year marked a year of many firsts for the forum. As mentioned above, it was the first year we dedicated a track to farmworker health research. We hope to grow this effort into research next year and develop a solid farmworker health research agenda as a tangible outcome of the three stream forums. This year also marked the first year of support and participation of the Centers for Disease Control and Prevention's Office of Women's Health. As part of their participation the Office of Women's Health conducted a survey of participants to determine the top



Luisa Lucero, BSN, La Clínica del Cariño, is a second generation migrant health advocate

women's health priorities in the farmworker population. The Office of Women's Health held a special session in conjunction with a farmworker Research meeting which served as an additional forum for focused discussion of women's health issues and feedback on priorities and concerns regarding farmworker health.

## **8th annual Western Migrant Stream Forum Planning Committee**

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Manny DeSantiago, HRSA-San Francisco Field Office, San Francisco, California

Elia Gallardo, California Primary Care Association, Sacramento, California

Jillian Hopewell, Migrant Clinicians Network, Austin, Texas

Gloria Rodriguez, Washington Association of Community and Migrant Health Centers,  
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Tom Sak, Yakima Valley Farm Workers Clinic, Toppenish, Washington

Rupert Sandoval, Arizona Interagency Farmworker Coalition, Phoenix, Arizona

Lucina Sigüenza, HRSA-Seattle Field Office, Seattle, Washington

Arcadio Viveros, Salud Para la Gente, Watsonville, California

John Yacenda, Great Basin Primary Care Association

## 8th annual Western Migrant Stream Forum Session Abstracts

### ▪ ALCOHOL TREATMENT

Understand the obstacles encountered by mentally ill/chemically addicted persons in the Latino population. Discuss possible solutions and development of a supportive therapeutic environment for the treatment of such disorders. *Presenters: Virginia Almeida, CASA de Esperanza, Yakima Valley Farm Workers Clinic.*

### ▪ BORDER HEALTH

Learn about innovative efforts to address US-Mexico border health issues and improve farmworker health in our border communities. *Presenters: Melody Bacha, HRSA Border Health Program, Region IX; Joe Baldi, Director, HRSA, Office of US/Mexico Border Health Program; Antonio Duran, Acting HRSA Coordinator, Pacific West Cluster; and Jacob Rueda, HRSA, Arizona Border Health Program.*

### ▪ CENSUS 2000

Hear an update on Census 2000 and how health care providers can help assure their patients are counted. This is your chance to learn from and talk directly to Census Bureau personnel. Now, more than ever, community/migrant health center funding may be directly tied to Census results. *Presenters: Alice Larson, Ph.D., Larson Assistance Services; Tim Olson and Gladys Romero, Bureau of the Census.*

### ▪ CHILDREN IN THE FIELDS CAMPAIGN: HELPING TO STRENGTHEN PROTECTION FOR MIGRANT AND SEASONAL FARMWORKER CHILDREN

Learn about a national campaign focused on child labor in agriculture. Topics of discussion will include efforts to change legislation, increase appropriations, and focus media attention. The recommendations affecting farmworker children from the U.S. Environmental Protection Agency Office of Children's Health will also be discussed. *Presenters: Diane Mull, Association of Farmworker Opportunity Programs.*

### ▪ CURANDERISMO FROM A - Z

*Curanderos* is the art of traditional healing in the Americas. During this presentation we will explore the fascinating charting of the body, the heart, the mind, and the soul, as practiced by traditional healers in the Latino community. We will also experience the different ways in which traditional healing can be incorporated in the practice of modern health care systems, and further the understanding of our mainstream providers on the world-view of many of their patients. *Presenters: Roberto Dansie, Pitt River Health Service, Inc.*

### ▪ DEVELOPING A RESEARCH AGENDA FOR FARMWORKERS

Discuss research that is now underway regarding the health status of hired farmworkers and identify significant gaps that urgently need to be addressed. A report from a January 15, 1999 symposium regarding increasing access to health care services among the working poor will be discussed. *Presenters: James Meyers, EdD, MPH, University of California at Berkeley; Don Villarejo, California Institute for Rural Studies.*



▪ **DEVELOPMENT OF STATE ENUMERATION PROFILES OF  
MIGRANT AND SEASONAL FARMWORKERS**

An overview of the current hired farm labor force of California, emphasizing important trends and important changes in the demographic profile of those working, and the increased importance of farm labor contractors as employers of hired farmworkers. *Presenters: Alice Larson, Ph.D., Larson Assistance Services; Don Villarejo, Consultant, California Institute for Rural Studies.*

▪ **DIABETES**

Part 1: This update for clinicians on the latest disease management, patient education and treatment modalities will address issues specific to farmworkers.

Part 2: Hear about the Pacific West Cluster Health Status Improvement Collaborative, a BPHC Quality Improvement Initiative which assists health centers to improve care of diabetic patients. *Presenters: Christopher Rodarte, MD, Family Health Care Network, Porterville; Jan Williams, RNC, ARNP, Northwest Regional Primary Care Association.*

▪ **EDUCATING TEEN FARMWORKERS ABOUT WORKPLACE HEALTH AND SAFETY**

This presentation will provide an overview of the Young Agricultural Workers Health and Safety Project, including highlights from the project's report on teen farmworkers. This session will demonstrate interactive health and safety educational methods targeting high school students in Migrant Education and ESL classes. *Presenters: Michele Gonzalez Arroyo, University of California at Berkeley; Laura Kurre, Occupational Health Education Consultant; Teresa Guzman, AmeriCorps Volunteer.*

▪ **FQPA**

Explore the Food Quality Protection Act of 1996 and the ways in which it is likely to affect farmworkers. This workshop will focus on farmworker families' exposures to organophosphates and the EPA's decision concerning organophosphates. *Presenters: Shelley Davis, Farmworker Justice Fund, Inc.*

▪ **HEALTH ACCESS FOR MIGRANT STUDENTS**

Learn how to develop a program where students can have access to an outstanding health care system through collaboration among educators, health care providers, and government entities. Strategies will be discussed and materials provided that will assist with successful program development and coordination. *Presenters: Mike Taylor, MS, Migrant Health Washington State Supervisor; Ismael Vivanco, Curriculum Generalist, Title I Migrant Education.*

▪ **HIV/AIDS**

This session will provide important information in detecting, treating, and counseling migrant and seasonal farmworkers at risk for HIV/AIDS. *Presenters: D. L. Trees, PhD, Centers for Disease Control and Prevention.*

▪ **IMMIGRATION UPDATE**

Hear about the Personal Responsibility and Work Opportunity Reconciliation Act of 1996 and how it affects care given to the immigrant community. Topics to be discussed include reporting and verification, "public charge," and recent activity in Social Security. *Presenters: Elia Gallardo, California Primary Care Association; Claudia Schlosberg, National Health Law Program.*

▪ **INCREASING CLIENT ACCESS TO WORKERS' COMPENSATION BENEFITS**

Workers' Compensation benefits are all the more important this year because workers will remain eligible for Workers' Compensation benefits without regard to their immigration status. This workshop addresses issues such as eligibility requirements, types of conditions covered, timelines for filing claims and other forms, scope of benefits available, and the adjudication process for disputed claims. *Presenters: Shelley Davis, Farmworker Justice Fund, Inc.*

▪ **INJURY PREVENTION**

Presenters will discuss preliminary results of a study of northern California farmworkers, and preliminary findings of a study that examines the injury and illness prevention programs of wine grape operations. *Presenters: Daniel Carroll and Dr. Steven McCurdy, Department of Epidemiology and Preventive Medicine, University of California at Davis.*

▪ **LATINAS AND FAMILY PLANNING/STDs**

Learn communication strategies for providing culturally competent care to Latina patients concerning family planning and sexually transmitted diseases. *Presenters: Joanna Ríos, Ph.D., Ríos Associates.*

▪ **LITERACY AWARENESS**

Literacy barriers to health care are as severe as language and cultural barriers. Experience for yourself the struggles that a low literacy person has in trying to read. Learn how to determine the reading level of written health education materials at your clinic and practice effective ways to share information with patients. *Presenters: Lorena Sprager, Health Promotion Director, La Clínica del Cariño Family Health Care Center.*

▪ **METHODS OF SOCIAL MARKETING FOR FARMWORKERS**

This session will discuss a variety of social marketing methods and determine which methods might be more appropriate for getting your message out to farmworkers. Some of the Association of Farmworker Opportunity Programs' social marketing tools, such as *Radio Pesticida* and *A Taste of English* will be showcased. *Presenters: Beth Outterson, Nutrition and Health Programs, Association of Farmworker Opportunity Programs.*

▪ **MIGRANT ADOLESCENT HEALTH**

Learn to identify what could work in your community, develop your own models, and understand the barriers facing migrant adolescents. Discuss working with adolescents on issues such as HIV/AIDS, drug and alcohol abuse, decision making, and life skills. *Presenters: Laura Isiordia, Carmen Ramirez, LPN; Diana Soliz, NCMA, Farmworker Housing Development Corporation.*

▪ **OCCUPATIONAL HEALTH OF HIRED FARMWORKERS: PRIORITIES FOR SURVEILLANCE AND INNOVATIVE DATA COLLECTION METHODS**

Discuss the recent report by the National Institute for Occupational Safety and Health regarding priorities for surveillance and research among hired farmworkers. Also learn about the Camp Health Aide Program, through which migrant farmworkers provide a variety of outreach services including patient education. Researchers from the University of California at Davis will present information on evaluation and intervention programs for work-related musculoskeletal problems. *Presenters: Sherry Barron, MD, MPH, National Institute for Occupational Safety and Health-Hazard Evaluation and Technical Assistance Branch; John Miles, PhD, University of California;*

Andrea Steege, MPH, National Institute for Occupational Safety and Health; Don Villarejo, Consultant, California Institute for Rural Studies.

▪ **ORAL HEALTH**

A dentistry for non-dentists session: Understand the importance of developing oral health education programs for migrant health centers. Information on how to identify resources for creating these programs will be provided. *Presenters: Dr. David Rosenstein, Department of Health Dentistry, Oregon Health Sciences University.*

▪ **PEDIATRICS FOR THE NON-PEDIATRICIAN**

Participants will be able to develop quality assurance record reviews for common pediatric illnesses. In addition, the session will present up to date information on child immunization schedules including important new vaccinations on the horizon for migrant children. *Presenters: José Cordero, MD, Centers for Disease Control and Prevention; Dr. Donald Gargas, MD, Yakima Valley Farm Workers Clinic.*

▪ **PESTICIDE SAFETY: TRAIN THE TRAINER**

This workshop qualifies instructors to train agricultural farmworkers according to the Environmental Protection Agency's Worker Protection Standard requirements. The workshop also qualifies trainers to issue the blue EPA worker training verification cards. *Presenters: Jennifer Weber, Patrick O'Conner-Marer, and Melanie Zarala, University of California at Davis.*

▪ **PRIMARY EYE CARE**

A session appropriate for all health care providers, particularly those involved in outreach and screening, this workshop will cover the essential elements of primary eye care, including testing vision and screening for eye injury or disease. *Presenters: Jillian Hopewell, MPH, Migrant Clinicians Network.*

▪ **THE ROLE OF THE BOARD OF DIRECTORS UNDER MANAGED CARE: HAS IT CHANGED?**

Six fundamental areas of responsibility of the Board of Directors of a migrant health center before and after managed care will be discussed. A "to the point" description of the role of the Board will be provided as well as how that role has been impacted by managed care. A job description for Board members who volunteer in either a managed care or non-managed care environment will be developed throughout the session. *Presenters: John Troidl, Health Services Management.*

▪ **STATE CHILDREN'S HEALTH INSURANCE PROGRAM**

Challenges of the implementation of programs in Arizona, California, and Idaho will be discussed. Focus on unique aspects and difficulties of each program as well as the development of best practices and successful direct service options. *Presenters: Patricia Barrera, JD, Latino Coalition for a Healthy California; Bill Foxcroft, Idaho Primary Care Association; Kristin Greene, Arizona Primary Care Association; Deborah Reidy Kelch, Central Valley Health Network.*

▪ **TUBERCULOSIS**

Investigate some of the barriers migrant farmworkers face in tuberculosis diagnosis, treatment, and referral to continuing care sites. Treatment of drug-resistant strains of TB will be discussed. *Presenters: Cdr. Joann Schulte, DC, Centers for Disease Control and Prevention.*

▪ **WESTERN STATES PROFILES**

The Western Farmworkers Stream Network (a.k.a. the "Stream Team") Western Migrant Stream Coordination Program is developing state reports or "profiles" for every state in the stream. Learn about the profiles research progress in your state and how these materials can be used to advocate on behalf of your farmworker patients. Give your input to help inform the farmworker health research process. *Presenters: Jocabed Badten, Idaho State University, Institute of Rural Health Studies; Joni Berardino, MS, National Center for Farmworker Health.*

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